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## EXECUTIVE DIRECTOR'S MESSAGE



Dear Members, Donors, Clients, Volunteers & Friends,

Community is defined as “a group of people living in the same place or having a particular characteristic in common”. Community at Hospice Georgina encompasses so much more than having a common characteristic. Although

an illness or loss may be the common thread, our community is enriched with a diverse, dynamic and committed village of heroes, supporters, volunteers and invested members who believe in helping others and making the road a little bit easier for others to travel upon. For over 25 years we have come together and worked hard to build a community of compassionate support, knowledge, and hope for anyone impacted by a illness or grief. Working together with this common goal of helping others is our greatest strength.

These past few months, it has been incredible to see our members, community, and supporters embracing one another at in-person programs and events after such a long and difficult hiatus apart. The joy and pleasure of being together again, celebrating together and sharing a common goal of Hospice Georgina.

As we head into summer, we express our sincere gratitude to you for being an integral part of our community, family and hope. Together we will continue to accomplish great things!



Sincerely,

*Laurie Knapp*

Executive Director



# THANK YOU TO OUR DONORS!

Big or small, every single donation makes a difference. Every single dollar raised or donated to Hospice Georgina stays in our community and allows us to continue to build a stronger community for all. We are thankful for those who make Hospice Georgina their charity of choice and for giving locally.

Thank you for your generous support of our efforts in **“Sharing the Caring.”**



## LEGACY DONATION—\$5000

Anita’s memory will live on in our community and continue supporting Hospice Georgina for years to come from her legacy donation.

Miss you Anita.  
Rest in Peace.



## MEMORY TREE DONTIONS

*Even Though You Flew Away In My Heart You Will Forever Stay*



- A. Pivnick—\$50**
- M. Anderson—\$20**
- E. Torres—\$250**
- K. Wigle—\$100**
- The Reeve's—\$20**
- D. Bond—\$126**
- L. Hilpold—\$250**
- L. Aryes—\$250**



We wanted to say thank you for Trudy Stokman’s donation of adorable children’s quilts! They are so cute and put a smile on the faces of children receiving grief support from Hospice Georgina.



## BOARD OF DIRECTORS

**Chair:** Mary Margaret Thorburn  
**Vice-chair:** Sandy Walters-Smith  
**Treasurer:** Carrie Ann Smith  
**Secretary:** Judi Carr-Kartash  
**Past Chair:** Iain Donnell

**Members:**

Freda White  
Lynda Ritchie  
Gayle Clark  
June Scandiffio

## *Hospice Georgina*

### Staff

**Executive Director:**

Laurie Knapp

**Administrative Assistant:**

Erin Verhaaff

**Programs & Outreach**

**Coordinator:**

Victoria Vass

**Client Care Coordinator:**

Shannon Beresford

Hospice Georgina

The LINK

20849 Dalton Rd., Box 721

Sutton, ON L0E 1R0

(905) 722-9333

[www.hospicegeorgina.com](http://www.hospicegeorgina.com)

## Become A Volunteer

Become a Part of Something Special

### Ways to Volunteer

There are hundreds of families each year whose quality of life is improved by our volunteers warm and compassionate care at a time when facing daily life is a struggle. Whether volunteering directly with Clients, helping out at the office, or assisting at events, Hospice Georgina volunteers are at the heart of everything we do and they provide an invaluable service to the community. Become a volunteer for our hospice society and discover a special kind of joy that comes from helping those who need it most.

Join our team <https://www.hospicegeorgina.com/volunteering>



# Free Community Programs

## Free Community Programs

[www.hospicegeorgina.com](http://www.hospicegeorgina.com)



Hospice Georgina offers a variety of individual and group programs for gathering and support for eligible clients.

*Our clients range in age from children to older adults and include their families and caregivers.*

**Coffee & Chats:** Join us Monday mornings from 10:30am-12pm with your favourite morning beverage and an hour of socialization with our Program Coordinator and a member of Vaughan Community Health Centre. In this program we take a laidback approach of talking about life and wellbeing. (At Hospice Georgina & over Zoom)

**Caregiver Support Group:** Join us the first Monday of the month from 1:00-2:00pm. This program is done in partnership with CHATS. (At Hospice Georgina & over Zoom)

**Creative Therapy:** Join us every 2nd and 4th Tuesday of the month from 11:00am-12:00pm. The purpose of the Creative Therapy program is to provide clients with a creative outlet to express their feelings, thoughts, and emotions. (At Hospice Georgina & over Zoom)

**Day Hospice:** Offered weekly on Wednesdays from 10am-1pm. The purpose of the Hospice Day Program is to provide clients with recreational and therapeutic activities, while also providing support for palliative and grief related topics, and lunch! (At Hospice Georgina)

**Drop-In Grief Group:** This group meets on the 1st & 3rd Tuesday of the month. Participants may attend when they are able without having to commit to each session. It might be more difficult for those who are newly grieved, yet all are welcome to attend. (Zoom)

**Grief Support:** If you are experiencing a loss of a loved one, our trained staff and volunteers provide individual support. (Office visits & phone calls)

**Guest Speakers:** Various important topics related to health and aging. (At Hospice Georgina & over Zoom)

**Individual Support:** Trained volunteers provide non-medical support through conversation, playing games, silence, having a cup of tea, or providing respite to a tired caregiver. A volunteer is able to visit in the client's home, long-term care facility, retirement community, other accommodations, or phone calls. (Home visits & phone calls)

**Music, Movies, & Memories:** Every 3rd Tuesday of the month, combining dance and art to bring back feel good memories, suitable for all fitness levels.

**Reiki & Reflexology:** Every 1st Tuesday of the month, by appointment only. (At Hospice Georgina)

**Tablet Lending Program:** Borrow a tablet to attend our programs on Zoom, play brain games, use wellness apps, and connect with loved ones.

**Walk & Talk:** Thursday's at 1pm, join us at various locations around Sutton for a light stroll, easy chats, and getting out in to nature.

**Contact Victoria at  
[events@hospicegeorgina.com](mailto:events@hospicegeorgina.com)  
905-722-9333 x 5505**

## Program Calendar: July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Hospice Closed  Caregiver Support Program (virtual) 1pm-2pm (Through CHATS)	5 Reiki & Reflexology 9am-2pm  Drop-In Grief Group 7:00pm-8:00pm (VIRTUAL)	6 Day Hospice (In-PERSON) 10am – 1pm	7 Walk & Talk 1-2pm	8	9
10	11 Coffee & Chats (HYBRID) 10:30am- 11:30am	12 Creative Therapy (HYBRID) 11am-12pm	13 Day Hospice (In-PERSON) 10am – 1pm	14 Walk & Talk 1-2pm	15	16
17	18 Coffee & Chats (HYBRID) 10:30am- 11:30am	19 Music, Moves, & Memories 11-12:15pm  Drop-In Grief Group 7:00pm-8:00pm (VIRTUAL)	20 Day Hospice (In-PERSON) 10am – 1pm	21 Walk & Talk 1-2pm	22	23
24	25 Coffee & Chats (HYBRID) 10:30am-11:30am	26 Creative Therapy (HYBRID) 11am-12pm	27	28 Walk & Talk 1-2pm	29	30
31						

## Program Calendar: August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Civic Holiday (Hospice Closed)	2 Reiki & Reflexology 9am-2pm  Drop-In Grief Group 7:00pm-8:00pm (VIRTUAL)	3 Day Hospice (In-PERSON) 10am – 1pm	4 Walk & Talk 1-2pm	5	6
7	8 Coffee & Chats (HYBRID) 10:30am- 11:30am  Caregiver Support Program (HYBRID) 1pm-2pm	9 Creative Therapy (HYBRID) 11am-12pm	10 Day Hospice (In-PERSON) 10am – 1pm	11 Walk & Talk 1-2pm	12	13
14	15 Coffee & Chats (HYBRID) 10:30am- 11:30am	16 Music, Moves, & Memories 11-12:15pm  Drop-In Grief Group 7:00pm-8:00pm (VIRTUAL)	17 Day Hospice (In-PERSON) 10am – 1pm	18 Walk & Talk 1-2pm	19	20
21	22 Coffee & Chats (HYBRID) 10:30am- 11:30am	23 Creative Therapy (HYBRID) 11am-12pm	24 Day Hospice (In-PERSON) 10am – 1pm	25 Walk & Talk 1-2pm	26	27
28	29 Coffee & Chats (HYBRID) 10:30am-11:30am	30	31 Day Hospice (In-PERSON) 10am – 1pm			

## June Callwood Circle of Outstanding Volunteers



The June Callwood Award was established in 1994 by the Hospice Association of Ontario, now Hospice Palliative Care Ontario, to acknowledge and thank outstanding hospice volunteers throughout Ontario. The award was named in honour of the late June Callwood, the Award Patron, and long time advocate of hospice, community activist, author and recipient of the Order of Canada. June was the inaugural recipient of the award, since then, over 855 hospice volunteers have been inducted into the Circle of Outstanding Volunteers. Volunteers are special people – a view strongly held by Ms. Callwood and expressed by her on many occasions, during interviews on TV and radio, remarks at annual conferences, and through her writing. Her book, *Twelve Weeks in Spring*, captured the spirit of hospice and emphasized the importance of the many and varied contributions of a team of volunteers. In all her years as a journalist, author, broadcaster and humanitarian, June Callwood's name became synonymous with integrity, talent and passion for social justice. She has touched the lives of generations of Canadians by giving that passion expressed through her words and through her work in the service of those in need.

This year's June Callwood nominee is Lynda Howe. Thank you Lynda for being an outstanding volunteer, at Hospice Georgina.

### Hospice Georgina Annual General Meeting – Monday, September 19, 2022

#### Hospice Georgina Board of Directors Nominations

#### In Person (The LINK) or Via Zoom Video Conferencing

The Hospice Georgina Annual General Meeting will be held on **Monday, September 19th, 7-9PM**, in Person (The LINK) or by Zoom Video Conferencing.

With a limited capacity for the video call, it is essential that people RSVP. Please submit the online **AGM registration form** by **September 12<sup>th</sup>**.

Materials, including the audited financial statements will be sent out to those who register along with the link for the Zoom connection a few days prior to the meeting.

Membership is available for \$20 annually to anyone in Georgina who has an interest in Hospice programs and end of life services. If you are interested in becoming a voting member, please submit the online **Membership Form**. Payment can be paid by e-transfer to [caring@hospicegeorgina.com](mailto:caring@hospicegeorgina.com) or cheque.

*(Only paid members can vote during the short business portion of the evening. For more information go to <http://www.hospicegeorgina.com/organization>)*

If you have any questions, please call Laurie Knapp at (905) 722-9333 ext.5503 or send an email to [caring@hospicegeorgina.com](mailto:caring@hospicegeorgina.com)

Thank you for your support.

## CLIENT CARE COORDINATOR—SHANNON

Hello everyone!

My name is Shannon, and I am the new Client Care Coordinator for Hospice Georgina. I started my position in April, providing grief support to bereaved clients and pairing our wonderful volunteers with clients in our community that have been diagnosed with a life-limiting illness.

A little bit about me...

I have an Honours Bachelor's Degree in Forensic Psychology from Ontario Tech University, and a Diploma in Behavioural Health Sciences from Seneca College. I have worked closely with clients and their families in various areas of health and social services, including Hospice and community care, victim services, Autism services and acquired brain injury. Most recently, I was a Family Support Specialist, supporting and connecting clients with social services in their area, Canada wide.

I have a deep passion for supporting clients and their families, but it was during my time as a summer student at Margaret Bahen Hospice that I fell in love with Hospice care. The sense of compassion, strength and community that is demonstrated every day in Hospice clients, staff, and volunteers is so powerful.

In my spare time, I love to sing and write music. I also have a Great Pyrenees-Golden Retriever named Ryder, who is the goofiest, sweetest guy. He keeps me busy, and I bring him with me pretty much everywhere. We love car rides and long walks in the woods. I am a huge advocate for fitness and mental health, and truly believe that being out in nature while exercising is such a great way to heal your mind and body.



**B**INGO WORLD  
+ GAMING

**WE'RE RAISING MONEY!**

A portion of gaming revenue goes directly to support local community groups like us!

[bingoworld.ca/newmarket](http://bingoworld.ca/newmarket)

Charitable Gaming. Community Good.

# VOLUNTEER BBQ

We had such a fun time at our annual volunteer BBQ! Thank you to everyone that came out, it was so nice to see all of you. 😊 And thank you to all of our volunteers for continuing to do amazing work at hospice. 🥰

