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Marie Morton

RECOGNITION OF WORK WELL DONE

In case you didn't hear about it, this year Hospice Georgina was nominated for a Georgina Business Excellence Award and was selected as a finalist in the Not for Profit category. I didn't want to let this honour go by the wayside without giving recognition where it is due, and giving thanks to the community member who nominated us. First we have to start with who we are.

Hospice Georgina provides non-medical support for palliative people, their caregivers, and the bereaved. We provide free services including: Visiting Volunteers, Day Hospice, social inclusion groups, a cancer support group, a caregiver support group, Grief & Bereavement groups and individual counseling, and a variety of complimentary therapies. How did we get here? In 1994, Hospice Georgina was formed as a grass-roots organization with a group of trained visiting volunteers. In 1996, the first bereavement group started and the following year, we incorporated as a charitable not for profit organization. The office was moved to the Nasello Professional Building in May 2003, with the Sutton Kinettes adding a beautiful gazebo in June. The office and gazebo provided a stable base of operations for many years as Hospice Georgina continued to grow. In 2017, Hospice Georgina celebrated its 20th anniversary of incorporation and in November of that year, Hospice Georgina moved our office to The LINK. The new office and shared hub space paved the way for an expansion of services and better support for clients and their families including establishment of a Day Hospice. In January 2019, the weekly program was launched providing transportation, programming, lunch, and companionship to palliative clients in Georgina. None of the history I've recounted or the work we currently do would be possible without the support of the citizens of Georgina, its businesses, our volunteers, the Board of Directors, and staff, both past and present. It has been a labour of love, and the work of many hands. Everyone of those people should be proud of the role they have played and should consider this nomination an acknowledgment of everyone's efforts. Thank you!



Contact: Marie Morton, Executive Director
mmorton@hospicegeorgina.com or 905-722-9333, x5503

THANK YOU TO OUR DONORS!

We are grateful for the following community donations in support of the services provided at Hospice Georgina. Our goal is to make a difference in Georgina and continue to provide programs at no charge with the help of donations from supporters such as you. Thank you for your generous support of our efforts in **“Sharing the Caring.”**



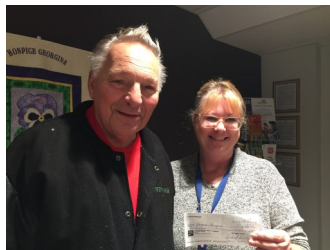
Save it Forward—Steve No Frills & Loblaw

Thanks to all who participated in the **Fall** “Save it Forward” coupon program at Steve’s No Frills in Sutton. This program is a win-win for charities and your pocket book. Please keep dropping those coupons in the bins. **Donated \$639.13**

Thanks to Pam McQueen and everyone who participated in the movie night fundraiser for Hospice Georgina. Your generous donation of **\$3000.00** will go a long way to helping families in Georgina and providing our palliative and bereaved services at no charge. Pam, thank you once again for your donation and hard work each year in raising funds. It means the world to us.

IN MEMORY OF
JEAN SMALL-
WOOD

H. TAYLOR



Alan Foster dropped by from Club 55 Pepperlaw and donated a generous **\$500.00**. Your generosity will make an immediate difference in the lives of Hospice Georgina clients.



Ravenshoe United Church

Women

The Bible says that the Lord loves a cheerful giver and so do we! Thank you for your kind donation.

Thank you to our
Monthly donors:

Mary Margaret Thorburn
Mary Catherine Macaluso

The goal of Hospice Georgina is to continue to make a difference in Georgina. With the help of donations from supporters such as you we will continue to support our community and provide programs at no charge. Thank you for your generous support of our efforts in **“Sharing the Caring.”**

VOLUNTEER OF THE MONTH IRV



IRV

Hospice Georgina would like to thank you for all of your contributions and support. Irv is a visiting volunteer and sits on the Event Committee. Irv is one of the faces of “Catch the Ace” drum roller. You will also see Irv at Sobeys weekly on Wednesdays and bi

-weekly on Fridays at Canadian Tire. We love and appreciate that you put your own time aside to volunteer with us.

Thank you

COMMUNITY CANDLE LIGHT SERVICES



Forrest & Taylor Funeral Home

Monday, November 25, 7:30 pm
In the funeral home chapel



M.W. Becker's Funeral Home

Thursday, December 5th, 7-9 pm.
In the funeral home chapel

Just a reminder that all volunteers need to report your volunteer hours every month by the 10th. This information is reported to the Ministry of Health & Long Term Care, which in turn funds our palliative programs. Without volunteer hours, our funding could be in jeopardy. Reminder... please include travel time to your clients.

BOARD OF DIRECTORS

Chair:

Angela Young

Vice-chair:

Sandy Walters-Smith

Treasurer:

Heather Rahman

Secretary:

Lynne Dryla

Members:

Iain Donnell

Mary Margaret Thorburn

J. David Hobson

Carrie Ann Smith

Freda White

Erin Gallant

Margaret Van Den Hazel

www.hospicegeorgina.com

Staff

Executive Director:

Marie Morton

Office Manager:

Laurie Knapp

G&B Coordinator:

Sharron Spencer

Client Care Coordinator:

Tracey Adams-Thibaudeau

Hospice Georgina

The LINK

20849 Dalton Rd.

Box 721

Sutton, ON

L0E 1R0

(905) 722-9333

Board of Director's Report

I'm baaack! And I am so happy to be here. I began my relationship with Hospice Georgina ten years ago when I joined the Board of Directors. I also had the honour of being a visiting volunteer to some amazing clients. As with most people, I was also involved in the various fundraising activities that are a part of Hospice Georgina. I participated in these activities not only because I truly support what Hospice does, but also because we always have *fun* doing them! I took a three year break to pursue my studies at the Gaelic University on the Isle of Skye in Scotland (online!) to complete my degree in Scottish Gaelic.



As with any passion, I was itching to get back and become more fully involved again. To that end, I stood for and was reelected to the Board. That was after becoming a member of the Fundraising Committee (affectionately referred to by *me* as the Event Committee... for a good time come to Hospice Georgina!). I have had an absolute blast working alongside such dedicated people who have been out over the last eight months promoting Hospice Georgina through the sale of the Catch the Ace tickets. The excitement is palpable.

So, in journeying beside people who are living life to the fullest and enjoying precious moments, I am grateful to be a part of this special community organization. If you are interested in what we do, I'd love to sit and chat with you.

Mary Margaret Thorburn

Upcoming Events and Programs

Holiday Volunteer Appreciation Lunch Tuesday, December 17th, 1:00-3:00pm.
Please RSVP with Laurie at 905-722-9333 x5502.

Annual Open House Tuesday, December 17th, 3:00-6:00pm. at 905-722-9333 x5502.
Everyone welcomed.

Meditation 101 Workshop with Zen Jen Tuesday November 26th 1:30-4:00pm. Pre-Registration is required. Please contact Sharron at 905-722-9333 x5504.

Coffee and Chats (VCH & Hospice Georgina) runs every Monday from 10am-11:30am. This program is a free social group open to anyone 55+. Registration is required. Contact Marie for more details.

Caregiver Education Support Group (CHATS & Hospice Georgina) runs on the first Monday or Wednesday of the month 1-3pm. Please contact Marie for more information.

Expressive Arts with The Love Project runs on the first Tuesday of the month from 1:30-3:30pm. Contact Sharron for more information.

Day Hospice runs in 5-week sessions on Wednesdays from 10am-2pm. It is a program for individuals with life-threatening illness. Please contact Tracey 905-722-9333 x5505 for information and assessment.

Wellness Meditation is available on the last Thursday of every month from 2-3pm, registration with Tracey is required. **For October and November this program is moved up to 1-2 pm**

Zen Jen Meditation is open to anyone and runs 2nd Tuesday of every month from 2-3pm. Contact Sharron for more details.

ThetaHealing available to clients only. Please contact Sharron for information.

PROGRAMS

Client Care Coordinator Report



It's



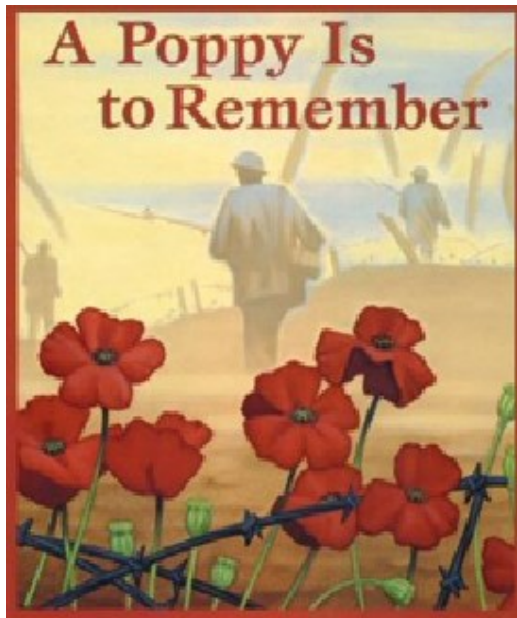
Fall at Hospice Georgina and harvest time has us thinking all things Pumpkin! And what better way to celebrate this seasonal favourite than with a cozy flannel Pumpkin to take home. Our clients made them with love and of course, facilitators Shaye and Tracey had to make some as well to decorate the Program

Room.



As the weather turns colder the nights grow a little longer our Day Hospice clients created just the thing to add a little light to their Halloween Night -a fun hand-made lantern. The battery-operated candle inside casts a warm glow for all to take home and enjoy. And of course...there was candy





Of Course, November it is always a time of Remembrance. Our guests at Coffee and Chats and Day Hospice took part in helping us create a lovely Poppy bouquet that graced our Reception area and reminded us of the many sacrifices that have been made for the country we love. Lest We Forget.

With the chill of Winter settling in a little early we thought it would be a good idea to treat ourselves to a little bit of relaxation and pampering with a Spa Day! This face mask was easy to make, entirely edible and left our Client's faces glowing!

- Here's what we used:
- 1 ripe banana -mashed
 - 4 tablespoons of liquid honey
 - 2 tablespoons of oats
 - 2 tablespoons of yoghurt



The chilled cucumbers were placed over the Client's eyes as relaxing music played and Sharron and Tracey delivered hand massages. Total relaxation.



We have lot's of fun coming up in November and December, with a focus on wellness, creativity and celebration. Looking forward to a healthy happy holidays season with all of you!

What is your vision for Hospice Georgina?



HOSPICE GEORGINA VISION

Hospice Georgina is updating our Vision Statement, and we want your input! What's the difference between a mission statement and a vision statement? While a *mission statement* describes what a company wants to do now, a *vision statement* outlines what a company wants to be in the future.

Our Current Mission Statement: Hospice Georgina is a caring community of trained volunteers dedicated to providing non-medical emotional, and spiritual support to all people in Georgina with a life threatening illness, and also to their families and care givers.

Our Current Vision Statement: Hospice Georgina strives toward the standard of excellence in the practice of community hospice palliative care by demonstrating empathy and compassion for Georgina residents struggling with terminal illness and bereavement. We measure our results in positive client outcomes, continued service improvement, and supported family satisfaction. Hospice Georgina's vision is to support an individual's quality of life, and dignity at death, in their place of choice by sharing the caring.

Is our Vision statement actually an expanded Mission statement?

Our vision statement should be **BIG, EXCITING** and **COMPELLING**. It should be an audacious dream of a future reality based on the work we do, bursting-at-the-seams with possibility.

Here are some samples of vision statements from other Hospice organizations:

Every young person and adult living in our community with a life limiting illness, and those who matter to them, will be supported with the care and compassion they need. Shakespeare Hospice, UK

Everyone should be able to live and die in peace, with dignity, free of pain, surrounded by loved ones, in the setting of their choice. Maison Hospice, Sudbury

Our vision is to be the leading community resource for addressing issues of serious illness, death and grief. Greensboro, NC

Our community will experience a BETTER quality of life. Margaret Bahen Hospice

It is our vision that volunteer hospice care will be accessible to all individuals in our community.

We strive to create sustainable programs and services through innovative fund development and volunteerism. Doane House Hospice

Vision comments/suggestions can either be dropped off at the office or emailed to the Board Chair at boardchair@hospicegeorgina.com. Comments will be anonymous.



Holiday Volunteer Appreciation Lunch

DATE: Tuesday, December 17, 2019

TIME: 1 - 3 pm

WHERE: Hospice Georgina (The LINK)
20849 Dalton Road
Sutton, ON L0E 1R0

COME ONE, COME ALL!



Thank you for your
"helping hands"!

Please RSVP with Laurie (905) 722-9333

Please join us at
***Hospice Georgina's
Annual Open House***

**Tuesday, December 17, 2019
3 PM to 6 PM
20849 Dalton Road, Unit C, Sutton West**

We invite the community to drop by for snacks, refreshments, and conversation.

This is our opportunity to thank you for another year of supporting hospice palliative care in Georgina.



Hospice Georgina

(905) 722-9333

20849 Dalton Rd. Unit C, Sutton

www.hospicegeorgina.com

Your neighbourhood centre for palliative care support, grief healing and education

