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## EXECUTIVE DIRECTOR'S REPORT



**Marie Morton**

Hospice Georgina COVID-19 service update, office closure Hospice Georgina provides support and service to some of the most vulnerable people in our community, many of whom are elderly, frail, or have serious underlying health conditions. At this time, we recommend that people defer to guidance provided by York Region Public Health: <https://www.york.ca/.../infectiousdiseasesand.../covid19/covid19>. In an abundance of caution and for the safety of our staff, we have taken the step to close the Hospice Georgina office effective March 17th at noon, until further notice. All of our staff will be working from home.

The best way to reach staff will be by email:  
 Executive Director Marie Morton: [mmorton@hospicegeorgina.com](mailto:mmorton@hospicegeorgina.com)  
 Office Manager Laurie Knapp: [caring@hospicegeorgina.com](mailto:caring@hospicegeorgina.com)  
 Grief & Bereavement Coordinator Sharron Spencer: [grief@hospicegeorgina.com](mailto:grief@hospicegeorgina.com)  
 Client Care Coordinator Tracey Thibaudeau: [clientcarecoordinator@hospicegeorgina.com](mailto:clientcarecoordinator@hospicegeorgina.com)

They will be calling in to retrieve messages from their office phones as well. We will continue our important work of Sharing the Caring, with an emphasis on the health and safety of everyone involved.

Thank you for your continuing support.



## THANK YOU TO OUR DONORS!

We are grateful for the following community donations in support of the services provided at Hospice Georgina. Our goal is to make a difference in Georgina and continue to provide programs at no charge with the help of donations from supporters such as you. Thank you for your generous support of our efforts in *“Sharing the Caring.”*



Thank you to the Ladies from “Sutton by the Lake Ladies Club” for the generous donation of \$500.00. This donation will be used to facilitate transportation for our Day Hospice clients.

### Thank you to our donors:

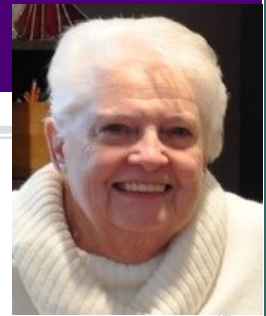
Harold Reid

Mary Margaret Thorburn

Mary Catherine Macaluso

**The goal of Hospice Georgina is to continue to make a difference in Georgina. With the help of donations from supporters such as you we will continue to support our community and provide programs at no charge. Thank you for your generous support of our efforts in “Sharing the Caring.”**

## VOLUNTEER OF THE MONTH "GAY"



### THANK YOU FOR VOLUNTEERING!

Among all Hospices are volunteers we consider gems. At Hospice Georgina, there is a sparkling diamond among our many gems – and that is Gay. As beautiful inside as she is out, she is also a wonderful compassionate woman. Strong and capable, humorous and empathetic, she is what embodies a wise woman and invaluable to our team.

Gay has given countless hours over the many years to support our services and always has an infectious smile and good cheer for everyone. Gay is also one of our reliable volunteers, always ready to help where she can.

Gay's dedication was recognized through her induction into the June Callwood Circle of Outstanding Hospice Volunteers. June Callwood would have loved her, as we do!!

We know how blessed we are to have Gay.



**Just a reminder that all volunteers need to report your volunteer hours every month by the 10<sup>th</sup>. This information is reported to the Ministry of Health, which in turn funds our palliative programs. Without volunteer hours, our funding could be in jeopardy. Reminder... please include travel time to your clients.**

## BOARD OF DIRECTORS

Chair:  
 Angela Young  
 Vice-chair:  
 Sandy Walters-Smith  
 Treasurer:  
 Heather Rahman  
 Secretary:  
 Lynne Dryla  
 Members:  
 Iain Donnell  
 Mary Margaret Thorburn  
 J. David Hobson  
 Carrie Ann Smith  
 Freda White  
 Erin Gallant  
 Margaret Van Den Hazel

[www.hospicegeorgina.com](http://www.hospicegeorgina.com)

### Staff

**Executive Director:**  
 Marie Morton  
**Office Manager:**  
 Laurie Knapp  
**G&B Coordinator:**  
 Sharron Spencer  
**Client Care Coordinator:**  
 Tracey Adams-Thibaudeau

Hospice Georgina  
 The LINK  
 20849 Dalton Rd.  
 Box 721  
 Sutton, ON  
 L0E 1R0  
 (905) 722-9333

## Community Sponsors



### SAVE IT FORWARD PROGRAM

The next time you are shopping at a Steve's No Frills, keep an eye out for these new "Save It Forward" coupons. With this program from Loblaw's Inc., up to \$700,000 will be donated at the close of the program, to pre-determined participating charities. So, by using these coupons, not only are you saving money, you are also forwarding 50 cents to charity, for every coupon that you use. Thank you, Steve, for choosing Hospice Georgina and your on going support.



**Allstate**  
 You're in good hands.

Allstate  
 430 The Queensway South  
 Keswick, ON L4P 2E1



### Allstate is Giving Back

Hospice Georgina is overjoyed to be chosen for Allstate "Helping Hands" program by Brittany Lee-Elliott/Allstate Agent in our community. Brittany has joined our Event Committee and will be volunteering at our upcoming events. We appreciate all the volunteer hours she'll contribute and the funds she'll raise for Hospice Georgina. Thank you, Brittany, we look forward to working with you.

# Upcoming Events and Programs

**Coffee and Chats** (VCH & Hospice Georgina) runs every Monday from 10am-11:30am. This program is a free social group open to anyone 55+. Registration is required. Contact Tracey at 905-722-9333 x5505 for more details.

**Caregiver Education Support Group (SUTTON)** (CHATS & Hospice Georgina) runs on the first Monday of the month 1-3pm. Please contact Tracey 905-722-9333 x5505 for more information.

**Caregiver Education Support Group (KESWICK)** (CHATS & Hospice Georgina) runs on the 2nd Monday of the month 2-4 pm. Please contact Tracey 905-722-9333 x5505 for more information

**Kintsugi Bowl Workshop** - Tuesday March 24th, 1-4 pm. We invite our volunteers at no cost. Please RSVP by Monday March 16th as we need to order supplies and space is limited. Please register by contacting Sharron Spencer at 905-722-9333 ext. 4

**Expressive Arts** with The Love Project runs on the first Tuesday of the month from 1:30-3:30pm. Contact Sharron for more information.

**Functional Fitness** runs on the first Tuesday of the month from 1:30-3:30pm. Contact Sharron for more information.

**Day Hospice** runs in 5-week sessions on Wednesdays from 10am-2pm. Program for palliative individuals. Assessment required prior to registration. Please contact Tracey at 905-722-9333 x5505 for information and assessment.

**Wellness Meditation** is available February 27th, last Thursday of every month from 1-2 pm. An opportunity to find some peace and clam, and have less stress. Registration with Tracey is required.

**Zen Jen Meditation** is open to anyone and runs the 2nd Tuesday of every month from 2-3pm. Contact Sharron 905-722-9333 5504 for more details.

**Reiki Session with Donna** February 26th and March 31st 9:30 am, 10:30 am & 11:30 am. Available to clients, their caregivers and our volunteers. Book your appointment with Sharron x5504.

**SUSPENDED**



# CLIENT CARE COORDINATOR REPORT



## Spring Greetings to All

In the face of uncertainty and in unprecedented times, we lean on those we hold dear. The Day Hospice group is a perfect example of that. No matter what is happening outside, as soon as the door closes to our program room we fill the space with so much support, warmth and laughter, it stays with us even in the difficult times.



We played a hilarious and challenging game of Headbands and welcomed Spring by making scented sachets to pack away with winter clothing to keep clothes smelling fresh.



The group also made a vision board. Vision boards are a collage of images and words that affirm dreams and desires and they serve as a source of inspiration to help achieve your goals.

Wishing everyone health and stability until we see each other again.

Client Care Coordinator Tracey 905-722-9333 ext. 5505



Hospice Georgina is partnering with Newmarket Bingo World. A portion of proceeds go directly to support Hospice Georgina and other local community organizations like ours.

With these uncertain times, Newmarket Bingo World is closed until further notice. Please continue to check for updates. When the doors do reopen, come out for some fun and support Hospice Georgina. Our wonderful volunteers will welcome you with a smile and make you feel at home.

Hospice Georgina dates will be posted at a later date.



# NATIONAL ADVANCE CARE PLANNING

National Advance Care Planning  
April 16<sup>th</sup> — Today is the Day

**A Life Well Lived  
is a Life Well Planned!**

This evening between 6 and 8 pm, take the opportunity to speak with your loved ones about your values, wishes and what is important to you.

Advance Care Planning is the process of thinking and talking about your wishes, values, and preferences for your future care in the event you are unable to speak for yourself. Decide who would speak for you — choose your Substitute Decision Maker.

Speak Up gsk

Start the Conversation Today!  
Learn more at: [www.advancecareplanning.ca](http://www.advancecareplanning.ca)

#ACPD2020 #YourCareYourWishes

IT'S ABOUT CONVERSATIONS. IT'S ABOUT WISHES.

IT'S HOW WE CARE FOR EACH OTHER.

Advance Care Planning is a process of reflection and communication. It is a time for you to reflect on your values and wishes, and to let people know what kind of health and personal care you would want in the future if you were unable to speak for yourself.

It means having discussions with family and friends, especially your Substitute Decision Maker – the person who will speak for you if you cannot speak for yourself. It may also include writing down your wishes, and talking with healthcare providers and financial or legal professionals.

## A LIFE WELL LIVED IS A LIFE WELL PLANNED

April 16th marks National Advance Care Planning Day in Canada.

Advance Care Planning is the process of thinking and talking about your wishes, values, and preferences for your future care in the event you are unable to speak for yourself. Decide who would speak for you — choose your Substitute Decision Maker.

On the evening of April 16th, between 6 and 8 pm, take the opportunity to speak with your family, friends and loved ones about your values, wishes and what is most important to you.







## 23<sup>rd</sup> ANNUAL PANSY SALE HOSPICE GEORGINA

\$20 per flat  
\$2.00 box/4



Time:  
10am - 3pm

Saturday, April 25, 2020

### LOCATIONS

SUTTON/ J.P.T

KESWICK

PEFFERLAW



The Beer Store



To pre-order pansies, Contact Laurie at 905-722-9333;  
ext. 5502 Or email [caring@hospicegeorgina.com](mailto:caring@hospicegeorgina.com)

Pre-orders will be accepted until Wednesday April 22<sup>nd</sup> at 12pm

# NEED TO TALK TO SOMEONE?

Call 1-866-345-0183

Monday to Friday 8:30 am to 4:30 pm

More information available on our website



**Canadian Mental  
Health Association**  
York and South Simcoe  
*Mental health for all*

These are strange times of uncertainty, fear, anxiety and isolation. CMHA have people you can speak to. Hospice Georgina have telephone supports available as well: 905-722-9333, ext. 4. Leave Sharron a message and she will return your call and help you decide what type of care you think would benefit you most! Need to see a face? Need help picking up medications or food? We can help you out with this! We can connect through video-chat too!