

INSIDE:

Thank you to our

Volunteer of the

donors

Month

Volunteer

Luncheon

& Events

Marie Morton

EXECUTIVE DIRECTOR'S REPORT

NEW YEAR, NEW GOALS

January 2020 is here. It brings us both a new year and a new decade. At Hospice Georgina, we have new goals, too! We're looking at ways to continue to grow to better meet the needs of the community. As part of that, we are establishing a new

Marketing Planning Committee.

Upcoming Program 5

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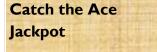
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Partner/Spousal 8 **Loss Support Caregiver Support** 9 Group





Hospice Georgina needs a marketing committee that will oversee the marketing plan development process. Developing a marketing plan shouldn't be done in a vacuum. Everyone involved with Hospice Georgina (staff, Board, volunteers, clients, donors) is a spokesperson for our brand, so varied perspectives and voices should be involved in developing our overarching communication plan.

The committee will be comprised of the following members: **Executive Director Board Member**

Hospice Georgina volunteer

Hospice Georgina client Significant donor

The Committee's purpose and charge: Once formed, this committee will meet quarterly. The purpose of this committee is to discuss major issues related to marketing and communications for Hospice Georgina. This committee is a sounding board for the overarching direction for our marketing needs.

And this is where YOU, reader of this newsletter, comes in. We are looking for one of our Hospice Georgina volunteers to join this new group. Have you been a mentor and can you bring that voice of experience? Or are you a young volunteer, with perspectives from a younger generation? Or are you a new volunteer, excited to take on a new role? Are you a volunteer who has the time to contribute to this new effort? Are you a volunteer full of fresh ideas? If you can say yes to any of those questions, then you might be the perfect person. Anyone interested, please contact Marie to learn more:

mmorton@hospicegeorgina.com or 905-722-9333, x. 3. Thank you!











THANK YOU TO OUR DONORS!

We are grateful for the following community donations in support of the services provided at Hospice Georgina. Our goal is to make a difference in Georgina and continue to provide programs at no charge with the help of donations from supporters such as you. Thank you for your generous support of our efforts in "Sharing the Caring."





Save it Forward—Steve No Frills & Loblaw

Thanks to all who participated in the **WINTER** "Save it Forward" coupon program at Steve's No Frills in Sutton. This program is a win-win for charities and your pocket book. Please keep dropping those coupons in the bins. **Donated** \$639.00

Thank you Scotiabank for the generous donation. We appreciate your ongoing support. **Donated \$1000.00**

Scotiabank®



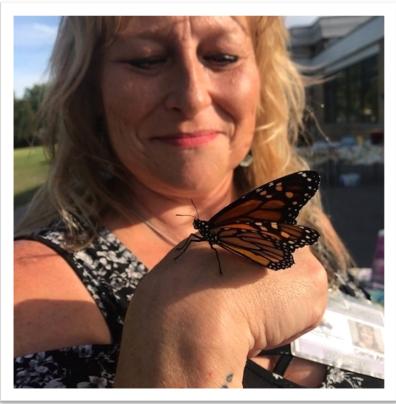
Hospice Georgina relies solely on donations from the public to keep our doors open and continue with the work we are trying to do. Your generous donation is deeply appreciated. **Donated \$100.00**

Thank you to our donors:

Mary Margaret Thorburn
Mary Catherine Macaluso
Laurie Ayres
Gayle Clark
Elizabeth Morton

The goal of Hospice Georgina is to continue to make a difference in Georgina. With the help of donations from supporters such as you we will continue to support our community and provide programs at no charge. Thank you for your generous support of our efforts in "Sharing the Caring."

VOLUNTEER OF THE MONTH "CARRIE ANN"



What does Carrie Ann "NOT DO". She has made a measurable impact over the past years as a passionate advocate for Hospice Georgina. Her volunteer activities are as varied as her skills, and they include: grief support in workshops and at the schools. She is a visiting volunteer, her clients can't help but fall in love with her as

we do at Hospice. She also joined the fundraising committee in 2018 and recently the board in 2019.

She is truly a inspiring woman and is very involved and has made a positive impact to our clients and the community. Hospice Georgina

is privileged to have her on our team

Thank you Carrie Ann for all you do.....



Just a reminder that all volunteers need to report your volunteer hours every month by the 10th. This information is reported to the Ministry of Health, which in turn funds our palliative programs. Without volunteer hours, our funding could be in jeopardy. Reminder... please include travel time to your clients.

BOARD OF DIRECTORS

Chair:

Angela Young Vice-chair:

Sandy Walters-Smith

Treasurer:

Heather Rahman

Secretary: Lynne Dryla Members: lain Donnell

Mary Margaret Thorburn

J. David Hobson

Carrie Ann Smith Freda White

Erin Gallant

Margaret Van Den Hazel

www.hospicegeorgina.com

Staff

Executive Director:

Marie Morton

Office Manager:

Laurie Knapp

G&B Coordinator:

Sharron Spencer

Client Care Coordinator:

Tracey Adams-Thibaudeau

Hospice Georgina
The LINK
20849 Dalton Rd.
Box 721
Sutton, ON
L0E 1R0
(905) 722-9333

Wasn't that a party?

Our Christmas volunteer appreciation luncheon turned out to be very successful, with 25-30 volunteers attending. Thank you to Amica Newmarket for providing the amazing food for our volunteers. The volunteers also enjoyed creating Christmas tree decorations to take home.



Upcoming Events and Programs

Coffee and Chats (VCH & Hospice Georgina) runs every Monday from 10am-11:30am. This program is a free social group open to anyone 55+. Registration is required. Contact Tracey at 905-722-9333 x5505 for more details.

Caregiver Education Support Group (CHATS & Hospice Georgina) runs on the first Monday of the month 1-3pm. Please contact Tracey 905-722-9333 x5505 for more information.

Expressive Arts with The Love Project runs on the first Tuesday of the month from 1:30-3:30pm. Contact Sharron for more information.

Day Hospice runs in 5-week sessions on Wednesdays from 10am-2pm. It is a program for individuals with life-threatening illness. Please contact Tracey at 905-722-9333 x5505 for information and assessment.

Wellness Meditation is available on the last Thursday of every month from 1-2 pm. Registration with Tracey is required.

Zen Jen Meditation is open to anyone and runs the 2nd Tuesday of every month from 2-3pm. Contact Sharron 905-722-9333 5504 for more details.

Reiki Session with Donna Tues. January 28th, February 26th, March 31st 9:30 am, 10:30 am & 11:30 am. Available to clients, their caregivers and our volunteers. Book your appointment with Sharron x5504.

Women's Cancer Support Group This is an ongoing bi-weekly group that you can join any time. The Women's Cancer Support Group meets in the afternoon on Thursdays between 2-3:30pm every other week at our office.

Pansy Day Saturday April 26th, 9:30 am-3:00 pm. Volunteers will be needed for picking up pansy flats and delivering to the various locations. Also volunteers for selling the pansies. Please contact Laurie if you are available to help Laurie caring@hospicegeorgina.com or 905-722-9333 x5502.



Client Care Report

Happy New Year!

As the season turns, it is a great time to take stock of the year



that was and think about the type of year you hope to manifest ahead of you. We had an absolutely joyful Holiday season here at Hospice Georgina and it culminated in some truly memorable parties.



Then came the most amazing feast prepared and donated by none other than
Cori Doern, with lots of leftovers for our clients to take home. Chef Cori lovingly prepares all of our Day Hospice lunches -but
this time she included enough for the staff to

join in as well. Our bellies and our hearts were full!



As for gifts, we had those too! Some we made ourselves, like this handmade soap that each participant got to take home.

CONT'D.....CLIENT CARE REPORT



Some were donated by our amazing community partners, like Magna International, who generously contributed gifts for our clients and volunteers.



We even had a visit from the Man in red himself!

Our friends at Amica also donated a beautiful spread for our Volunteer Holiday Party, with cheese and fruit and sandwiches as far as the eye could see! It was a great opportunity to connect and enjoy the warmth of the season together. But now, with the Holidays behind us, it's time to look at the year ahead. One thing I'm excited to share is our collaboration with an organigation called: A Closer Look. A Closer Look is a community development initiative which is currently undertaking research to help better understand the needs of low income residents of Georgina. Their goal is to support Georgina residents in creating positive changes in their communities. Geraldine Pitschke, with A Closer Look, has been attending our Coffee and Chats groups on Mondays, in an effort to get to know the needs of our clients as they truly represent a cross-section of the community at large. We are so happy to be working together and supporting their cause.



Hospice Georgina Bereavement Support Group PARTNER/SPOUSAL LOSS SUPPORT



Finding Hope after the loss of your Partner or Spouse.

There are no fees associated with this program.

Dates: Tuesday's February 18, March 17, April 14, May 12, June 9

Time: 6:30pm-8pm

Location: Hospice Georgina, The Link, 20849 Dalton Rd, Unit C, Sutton, On

For information or to register;

contact Sharron Spencer at (P) 905-722-9888 ext. 4 (E) grief@hospicegeorgina.com



Sutton Caregiver Support Group

Are you caring for a senior parent, spouse, relative, or friend?



CHATS and Hospice Georgina are pleased to offer 2020 Monthly Support Groups

Meetings occur on the 1st Monday of every month* 1:00 pm to 3:00 pm Hospice Georgina, 20849 Dalton Road, Sutton, ON

This is a FREE program

- Take a break, and meet other caregivers with similar concerns
- Share stories, strategies, and strengths
- Find new ways to cope with caregiver challenges
- Learn about valuable community resources

For more information, or to register, contact:

Aundrea Larocque, Caregiver Education Counsellor at CHATS 905-713-6596 ext. 6226 Tracey Thibaudeau, Client Care Coordinator at Hospice Georgina 905-722-9333

Ask us about possible caregiver respite and transportation opportunities for support group members!





*meetings scheduled for a holiday Monday will occur the following week

WEEK 48 EST. JACKPOT \$38,000.00

HOSPICE GEORGINA CATCH THE ACE

