

Newsletter



Executive Director's Message

Winter Greetings!

As we usher in the New Year, I hope this message finds you warm and well. It was genuinely heartwarming to see all of you at the Hospice Georgina Christmas luncheon, graciously sponsored by Riveredge Restaurant, No Frills, and Sienna Senior Living.

Christmas time is the season for giving, and I thank our generous donors and sponsors whose support ensures the continuation of our vital programs. Your ongoing dedication is invaluable, and with your contributions, we can extend our reach further and provide essential services to those in need. Currently, we have six clients eagerly awaiting matches with our compassionate volunteers. We would greatly appreciate your assistance.

Excitement is in the air as we kick off Game 8 of Catch the Ace, and our upcoming events promise even more thrills. The Curing Bonspiel is already at total capacity, and tickets for the Lighthouse concert on April 6th are selling fast — don't miss out on what promises to be an unforgettable evening of entertainment. Additionally, our signature Pansy Sale is just around the corner, with details soon to be posted on our website. Our recent Lunch N' Learn session with Shoshana Sherman, Coordination Advisor in Health Promotion at Stronach Cancer Centre, was a resounding success, with everyone in attendance fully engaged. We eagerly anticipate her return this spring.

On an inspiring note, Mary Margaret and I recently presented to the Georgina Council, advocating for support in the form of land or funding for our residential hospice project. For more details, please refer to the latest edition of the Georgina Post.

As we navigate the winter season, let's continue coming together to support our shared mission, spreading warmth and compassion throughout our community.

Kind regards,
Laurie Knapp



Newsletter

Inside:

Thank You to Our Donors...Page 3

Volunteer Spotlight...Page 4

Santa Claus Parade...Page 5

Business Excellence Awards...Page 6

Volunteer Christmas Lunch...Page 7

Staff Updates...Page 8

Fundraising...Page 9

Fun At Hospice....Page 10

Thank You...Page 11

Fundraisers For Hospice...Page 12

Program Calendars...Page 13

Program Descriptions...Page 14

Team and Puzzle...Page 15

Winter 2024 Edition

"There's just something beautiful about walking on snow that nobody else has walked on. It makes you believe you're special."

-Unknown



Thank You For Your Donations

Big or small, every single donation makes a difference. Every single dollar raised or donated to Hospice Georgina stays in our community and allows us to continue to build a stronger community for all. We are thankful for those who make Hospice Georgina their charity of choice and for giving locally. Thank you for your generous support of our efforts in "Sharing the Caring."

Donors

Michael & June Scandiffio
Jacinta Yang
Angus and Sandy Watt
June Peach
Diana Draper
Melody Gaunt
Amanda Lovell
Joseph Hutchinson
Cindy Clarke
Frank Carr
Rosa Gosselin
Margaret Lynch
Gay Alexander & Rick Winson
Joseph Hutchinson
Karen Panfili
Sue Williams
Melody Grant
Shilpi Banerjee
Sandra Watt
Cindy Clarke
Deirdre Fitzpatrick
Margaret Landry
Mike Waddington
Chris Price
Bill Hand
Sutton by The Lake Ladies Club

Business donors



Ladies Night Out

In Loving Memory



Robin Ouellet in memory of Fernand Gosselin
Mary Margaret Thorburn in Memory Fernand Gosselin
Kristy Oksman in memory of Fernand Gosselin
Helena LeBlanc in memory of Fernand Gosselin
Marguerite Labrie in memory of Fernand Gosselin
Mary Margaret Thorburn in memory of Mc Knapp
Mary Margaret Thorburn in memory of Christopher Verdood
Laurie Knapp in memory of Christopher Verdood

"Those we love don't go away. They walk beside us every day. Unseen, unheard, but always near. Still loved, still missed, and very dear."

— Alex MacLean

THANK YOU TO OUR MONTHLY DONOR: M.M. THORBURN

VOLUNTEER SPOTLIGHT



Celebrating Gail Wright

In the heart of Hospice Georgina's compassionate network of volunteers, we would like to shine a light on Gail Wright. As a visiting volunteer and grief support provider, Gail has become an indispensable pillar of support for individuals navigating the challenging journey of end-of-life care and bereavement.

Gail's journey with Hospice Georgina began with a desire to make a meaningful difference in the lives of those facing life-limiting illnesses and their families. Gail's gentle presence and compassionate listening create a safe space for individuals to express their feelings and share their stories, fostering a sense of connection and understanding.

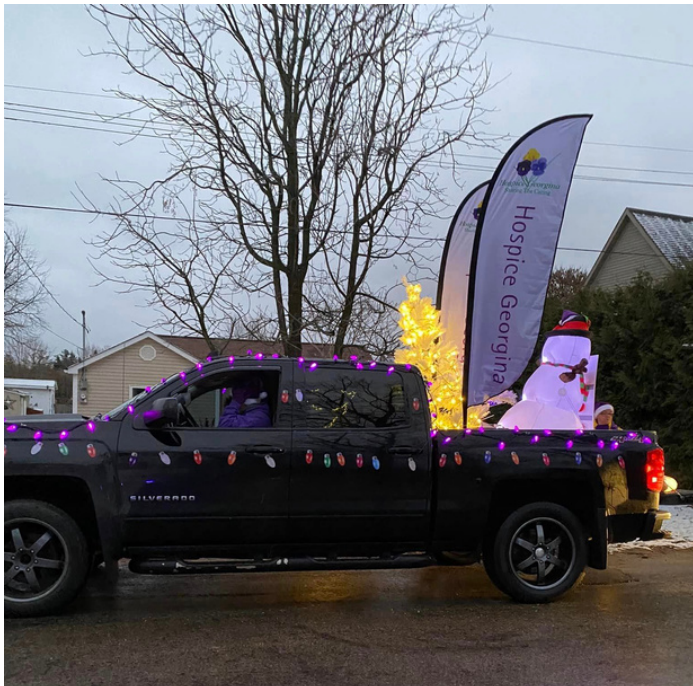
Beyond her role as a visiting volunteer, Gail extends her support to those grappling with grief. Recognizing the profound impact that loss can have on individuals and families, she has taken on the crucial role of providing grief support. Gail's empathetic approach and training allow her to guide individuals through the complex emotions that accompany loss, helping them find strength and resilience in the face of adversity.

One of the upcoming highlights in Gail's volunteer journey is her anticipation of co-running a grief support group for Hospice Georgina later this year. This initiative reflects her commitment to creating a supportive community where individuals can share their experiences, find solace in shared understanding, and embark on a healing journey together.

Gail's contributions go beyond the practical aspects of volunteering; she brings a sense of warmth and humanity to every interaction. Her ability to connect with people on a personal level, coupled with her genuine empathy, makes her an invaluable asset to Hospice Georgina and the community it serves.

In recognizing Gail Wright, we celebrate not only an outstanding volunteer but also a beacon of compassion and support for those in their most vulnerable moments. Her dedication exemplifies the spirit of Hospice Georgina and serves as an inspiration for others to contribute their time and heart to making a difference in the lives of those facing life's most challenging transitions.

Santa Claus Parade

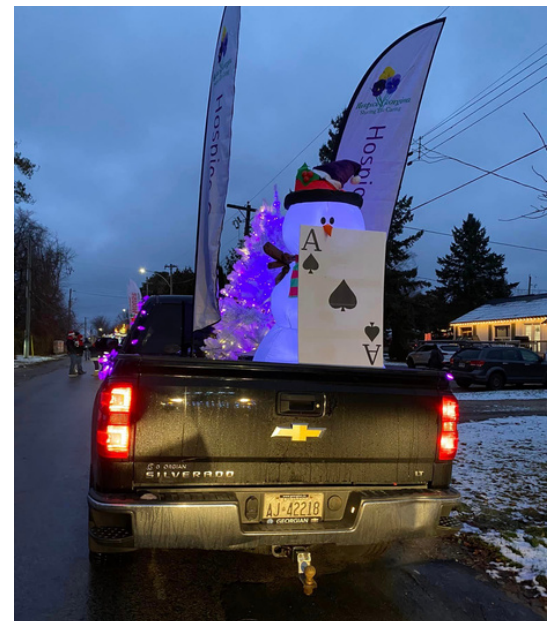


It was our first time participating in the Sutton Santa Claus parade. What a great experience and so heartwarming to see the smiles on all the children's faces.

Thanks to Carrie Ann for being our driver and to our volunteers Judi and Irv for walking the route and handing out lots of treats on the cold damp evening.

Irv was very excited when Santa called out his name and told him he had been a very good boy - Santa said that all volunteers would stay on his nice list.

Just another reason to volunteer with Hospice Georgina!



A Great big THANK YOU to everyone who donated items towards our client Christmas bags. We were able to fill and deliver 75 bags this year full of wonderful items. Our clients were thrilled to receive these care packages and it brought smiles to their faces

Business Excellence Awards



Our heartfelt gratitude for the honor bestowed upon us by being nominated as one of the finalists for the Georgina Business Excellence Award for Not-For-Profit this year. While we may not have clinched the award, the acknowledgment in itself is a testament to our commitment to making a meaningful impact on the community we serve.

Being recognized as a finalist is a source of great pride for Hospice Georgina, as it validates the tireless efforts and dedication of our team, as well as the unwavering support of our volunteers. Without their collective commitment, passion, and hard work, achieving this level of recognition would not have been possible. Their contributions form the backbone of our organization, driving us to strive for excellence in every endeavor.



SPONSORED BY:
FORREST JONES ENTERTAINMENT



We view this nomination as an affirmation of our mission to create positive change and make a lasting difference in the lives of those we serve. It serves as motivation to continue our journey with even greater determination and passion, knowing that our work is making a meaningful impact on the community.

A huge thank you to Forest Jones Entertainment Inc. for his support.

Volunteer Christmas Lunch



Hospice Georgina Volunteer Holiday Party 2023!

Thank you to all our amazing volunteers, you are truly the heart of hospice.

Our volunteers support us with many of our programs and services - from Day Hospice to Grief Support, from Driving to Events, our volunteers mean so much to us and our clients.

Thank you to Riveredge Restaurant for donating all the turkey lunches.

Thank you to Aspira Cedarvale Lodge Retirement Living for donating our desserts, refreshments, and gifts.

Thank you @jacintahealingarts for your determination in collecting donations for us.

Thank you Steve's No Frills for your support.



Sponsors



Riveredge Restaurant

A KESWICK LANDMARK SINCE THE 1930'S

Cedarvale Lodge
Retirement and Care Community



Staff Updates



Guess what? I'm off to Costa Rica for a few months! Yep, you heard that right – your friendly Programs and Community Outreach Coordinator is taking a temporary hiatus to dive headfirst into a new adventure. I'm super excited to roll up my sleeves and volunteer while soaking in the beautiful landscapes and vibrant culture of Costa Rica. I look forward to sharing pictures and my experiences with you all!



Hi everyone, I'm Katelyn! While Victoria is off on her exciting journey in Costa Rica, I will be filling in for her as your Programs and Community Outreach Coordinator. I am looking forward to meeting you all and getting to know you better at our various programs. I have felt so welcomed here at Hospice Georgina already and I am excited to help contribute to the amazing team!



Spring is around the corner and that means our annual pansy sale will begin in the coming weeks. Stay tuned for more details! We will be posting on Facebook and our website when we are ready to start accepting orders!

Fundraising



Online Auction

Hospice Georgina held its online auction in December and what a success it was! Thank you to all who donated, bid, and bought items. A huge thank you goes out to our amazing volunteer Judi who received the items, sorted them, managed the Facebook posts, and organized all the items for pickup. This took many tireless hours to organize and execute and raised a whopping \$2835.00!!!!

Our latest Catch the Ace winner Joseph receiving his big cheque for \$9,845.50 along side his wife Lori. We are so happy for them and hope they enjoy their winnings!

A special thank you to Joseph and Lori for donating back a portion of their winnings. This kind and generous donation helps us to continue to provide our services free of charge to our community.

Thank you for supporting Hospice Georgina's Auction 2023



CATCH THE ACE

Hospice Georgina
Catch the Ace

\$5

GUARANTEED \$5,000 JACKPOT

Lottery License #RAFI299459

Hospice Georgina Sharing The Caring
www.hospicegeorgina.com



Buy your Catch the Ace tickets!

- ONLINE at <https://ace.hospicegeorgina.com/>
- HOSPICE GEORGINA: MONDAY-THURS 8:30am-4:30pm
- AUNTIE M'S CLOSET: MONDAY- SAT 11am-4:30pm (no ticket sales on Wednesdays)
- ZEHR'S: FRIDAYS 1pm-4pm
- ICE PALACE: SATURDAYS 10am - 1pm
- BLACK RIVER COFFEE: TUESDAYS 7:30am - 10am
- SUTTON SOBEYS: WEDNESDAYS 1pm-4pm



Thank you for advertising Catch the Ace on Air on for us

FUN AT HOSPICE

Hospice Georgina offers lots of fun activities



Santa came by to pay us a visit and brighten our day with his holiday cheer!



There's gnome place like Hospice Georgina! The Paint Class group did an awesome job painting Christmas Gnomes - we had a lot of fun!



We're still snow-excited thinking about the incredible time we had painting our winter wonderlands! From creating snowy scenes to sharing giggles, every stroke of the brush brought smiles to our faces. A huge thank you to everyone who joined in on the creative fun!



Creative Therapy group made DIY aprons and they turned out amazing!

Thank you



Heartwarming Surprise at Hospice Georgina!
We're absolutely thrilled to share the incredible news that we received a surprise donation of \$500 from the York Regional Police Association! Constable Robin Lockie #1264 and Constable Kristy Ashton #2093 graced us with their presence and presented a generous cheque to support our programs for the Georgina community.

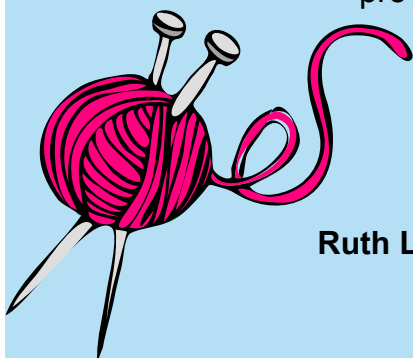
This unexpected act of kindness from our local heroes truly warms our hearts and reinforces the sense of community we cherish. It's gestures like these that make a significant impact on the lives of those we serve.

A huge thank you to Constable Lockie, Constable Ashton, and the entire York Regional Police Association for their support and commitment to making a difference. Your generosity will directly contribute to enhancing the quality of life for those in our care. Together, we're making a positive impact on our community!



A heartfelt thank you goes to the incredible team from Grace Church Newmarket! They generously volunteered their time to help us fill up client gift bags and put together volunteer appreciation gifts. We are beyond grateful for you supporting our cause. Thank you for spreading joy with your selfless actions!

We are grateful to our supporters who spend endless hours knitting and crocheting beautiful items for our clients out of the goodness of their hearts. These items are given to clients to help provide comfort and warmth during difficult times.

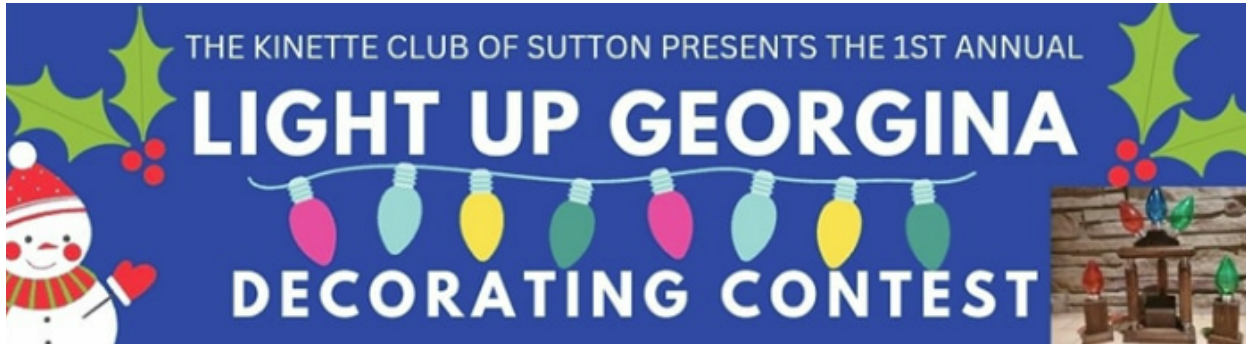


THANK YOU

Ruth Lawson - Georgina Pins & Needles - Cavelle Hayes



Fundraisers for Hospice



Hospice Georgina is thrilled to share that the Sutton Kinettes Light Up Georgina has not only dazzled our community with festive cheer but has also spread joy through giving! Thanks to the incredible support from our community, we're overjoyed to announce a heartwarming donation of \$835.00 raised from the Sutton Kinettes. Your generosity has genuinely illuminated the spirit of giving during this holiday season. A massive shout-out to everyone who participated and supported the Light Up Georgina fundraiser shared the magic with our community, friends, and family, and contributed to this wonderful cause. Together, you have made a meaningful impact on the lives of those supported by Hospice Georgina. Let's shine bright and make a positive difference in our community!



LIGHTHOUSE - CANADA'S CLASSIC BAND

Get ready for an unforgettable night of classic rock with LIGHTHOUSE - Canada's legendary band that's still rockin' after all these years! Experience the magic as Lighthouse takes the stage, bringing you their original and timeless hits that have stood the test of time. With numerous awards and a well-deserved spot in the Hall of Fame, Lighthouse guarantees a night filled with the best classic rock!

Supporting a Worthy Cause

Hospice Georgina extends its heartfelt gratitude for the generous support of this event. Your attendance promises a fantastic evening and contributes to a noble cause. Tickets can be purchased on the Stephen Leacock Theatre website.

Date: Saturday, April 6th

Time: Doors open 7:15 pm, event starts 8:00 pm

Tickets: \$64 +hst

Get your tickets now at: <https://secure1.tixhub.com/georgina/online/index.asp>

Program Calendars

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4 Coffee & Chats 10:30am - 12pm	5 Caregiver Support Group 1-2:30pm	6 Day Hospice 10am - 1pm	7	8	9
10	11 Coffee & Chats 10:30am - 12pm	12 Creative Therapy 10:30am-12pm Cancer Peer Support Group 1 - 2pm Drop-In Grief Group 7 - 8pm (Zoom)	13 Day Hospice 10am - 1pm	14 Reiki & Reflexology 10am-3pm	15	16
17	18 Coffee & Chats 10:30am - 12pm	19 Paint Class 10am-12pm	20 Day Hospice 10am - 1pm	21	22	23
24	25 Coffee & Chats 10:30am - 12pm	26 Creative Therapy 10:30am-12pm Drop-In Grief Group 7 - 8pm (Zoom)	27 Day Hospice 10am - 1pm	28	29	30

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Coffee & Chats 10:30am - 12pm	2 Caregiver Support Group 1 - 2pm	3 Day Hospice 10am - 1pm	4	5	6
7	8 Coffee & Chats 10:30am - 12pm	9 Creative Therapy 10:30am-12pm Cancer Peer Support Group 1 - 2pm Drop-In Grief Group 7 - 8pm (Zoom)	10 Day Hospice 10am - 1pm Georgina Public Library Trivia 10:30-11:30am	11	12	13
14	15 Coffee & Chats 10:30am - 12pm	16 Paint Class 10am-12pm	17 Day Hospice 10am - 1pm	18	19	20
21	22 Coffee & Chats 10:30am - 12pm	23 Creative Therapy 10:30am - 12pm Drop-In Grief Group 7 - 8pm (Zoom)	24 Day Hospice 10am - 1pm Alzheimer's Society Presentation 10:30am-12pm	25	26	27
28	29 Coffee & Chats 10:30am - 12pm	30				

Program Descriptions

Cancer Peer Support Group: This is an empathetic peer support group where individuals facing the emotional and physical challenges of cancer can come together for support and understanding.

Caregiver Support Group: If you are a caregiver to a loved one, meet others with a similar experience, share and learn about strategies, coping techniques, and local resources.

Coffee & Chats: Join us with your favourite morning beverage and an hour of socialization. In this program we take a laidback approach of talking about life and wellbeing.

Creative Therapy: The purpose of the Creative Therapy program is to provide clients with a creative outlet to express their feelings, thoughts, and emotions.

Day Hospice: This group is open to any adult living with a life-limiting illness or chronic condition, who would enjoy meeting others who may understand their experiences. During this program, participants have a chance to socialize, participate in activities, listen to experts speak on important topics, and have lunch together.

Drop-In Grief Group: Participants may attend when they are able without having to commit to each session. It might be more difficult for those who are newly grieved, yet all are welcome to attend. (Virtual only, Zoom)

Guest Speakers: Various life skills and health topics.

Meditation: These mindfulness meditation sessions are fun reflective classes, promoting balance and calm, and managing loneliness and stress.

Paint Class: A guided paint class for relaxation and fun.

Reiki & Reflexology: Reiki is a form of energy healing. Reflexology looks at the hands and the feet as the windows to the body. By appointment only.

Contact Katelyn or Victoria
events@hospicegeorgina.com
905-722-9333 x 5505

Team

Board of Directors

Chair: Mary Margaret Thorburn

Vice-Chair: Carrie Ann Smith

Treasurer: Dushi Quittner

Past Chair: Iain Donnell

Members:

Freda White

Gayle Clarke

June Scandiffio

Rev. Betty Lou McNabb

Staff

Executive Director

Laurie Knapp

Administrative Assistant

Debbie Waterman

Programs & Outreach Coordinator

Katelyn Meyer

Client Care Coordinator

Cassandra Sinopoli

Hospice Georgina

The Link

20849 Dalton Rd., Box 721

Sutton, ON. L0E 1R0

(905) 722 - 9333

www.hospicegeorgina.com

**Scan the QR
Code to
donate to
Hospice!**



Scan to donate!

3	8		9			2		5
					8	7	3	
	6		3			9	8	
					3	5		1
9	1		5		7		2	3
7		3	1					
	3	5			1		9	
	7	4	6					
8		1			2		6	7

Riddle

Q: Where do snowmen go to dance?



Puzzle Answer

8	9	1	4	5	2	3	6	7
2	7	4	6	3	9	1	5	8
6	3	5	7	8	1	4	9	2
7	5	3	1	2	6	8	4	9
9	1	8	5	4	7	6	2	3
4	2	6	8	9	3	5	7	1
1	6	2	3	7	5	9	8	4
5	4	9	2	1	8	7	3	6
3	8	7	9	6	4	2	1	5

A: They go to snowballs!