

Newsletter



Executive Director's Message

As the warmer weather approaches, we are excited to reflect on the success of our recent Curl For Care fundraiser and the upcoming events that will continue to support the important work we do at Hospice Georgina.

Looking ahead, we have several exciting events planned for the coming months, including our Rob Grossi Roast fundraiser and our Pansy Sale. (more information inside) In addition to these events, we are continuing to expand our programs and services to better serve the needs of our community.



As always, we are grateful for the ongoing support of our community and remain committed to providing compassionate care and support to those in need. We look forward to continuing to serve you in the months and years ahead.

Spring 2023 Edition

"You're only here for a short visit. Don't hurry. Don't worry. And be sure to smell the flowers along the way."

-Walter C. Hagen



Newsletter

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Thank you... 

To Our Donors

Big or small, every single donation makes a difference. Every single dollar raised or donated to Hospice Georgina stays in our community and allows us to continue to build a stronger community for all. We are thankful for those who make Hospice Georgina their charity of choice and for giving locally. Thank you for your generous support of our efforts in "Sharing the Caring."

Thank You for Your Donation

- D. Redford \$100
- B. Daily \$50
- J. Yang \$50



A big thank you to Sutton Curling Club for donating their club to us for our Curl for Care Fundraiser



A big thank you to The Corner House Bistro for donating gift certificates for our Curl for Care Fundraiser



Thank you for your donation of blankets for our clients

Memory Tree



G. Alexander & R. Winson purchased a butterfly in loving memory of Ronald Dalrymple



A. Gjerek purchased a butterfly in loving memory of Frederick Davidson



L. Lamping purchased a butterfly in loving memory of Claire Anne Longhurst



G. Veugelers purchased a dove in loving memory of Anita Glivar



L. Knapp purchased a butterfly in loving memory of Shane Watt



L. Knapp purchased a butterfly in loving memory of Helga Brown

In Loving Memory



- P. & H. Kernohan in memory of Frederick Davidson
- D. & J. Range in memory of Claire Longhurst
- D. & J. Range in memory of Mrs. T. Kiely
- J. & S. Ramsay in memory of Frederick Davidson
- S. Beattie & The Wallmer Family in memory of Frederick Davidson
- V. Hackson in memory of Frederick Davidson
- L. Maclure in memory of Frederick Davidson
- D. Bond in memory of Frederick Davidson
- M.M. Thorburn in memory of Helen Fostaty

THANK YOU TO OUR MONTHLY DONOR: M.M. THORBURN



Curl For Care Fundraiser

The Curl for Care Bonspiel was a great time for all! Everyone had such a good time whether they were new to curling or a seasoned player. Thank you to all the participants who came out and supported Hospice Georgina.

A special thank you to the Sutton Curling Club, The Corner House Bistro and all the volunteers for making this such a successful day!



THANK YOU TO OUR SPONSORS



Fundraising

Catch the Ace is Back!

Tickets are available for purchase at the following locations:

HOSPICE GEORGINA: MON-THURS 8:30am–4:30pm

AUNTIE M'S CLOSET: MON-SAT 11am-5pm

ZEHR'S: FRIDAYS 1-4pm

BLACK RIVER COFFEE: TUESDAYS 8-10am

SUTTON SOBEYS: WEDNESDAYS AT 1-4pm

Or ONLINE at <https://ace.hospicegeorgia.com/>

Good luck and thank you for supporting Hospice Georgia.



Hospice Georgia
Catch the Ace \$5

GUARANTEED
\$5,000 JACKPOT

CATCH
THE
ACE

Hospice Georgia
Sharing The Caring

Lottery License #RAF1299459
www.hospicegeorgia.com

Bingo World



Visit Bingo World & Gaming today, where a portion of every dollar spent goes to support your community!



Upcoming Events

Pansy Sale



PANSY SALE

Don't miss out—order yours today!

\$25 per flat

*Delivered to your door April 11-16

E-transfer payment

Visit www.hospicegeorgina.com to orders yours today!


*delivery within Georgina only

Thank you for supporting
Hospice Georgina



Roast of Rob Grossi Fundraiser

SUPPORT HOSPICE GEORGINA'S DREAM
OF BUILDING A RESIDENTIAL HOSPICE



**ROAST OF
ROB GROSSI**


DINNER. ROAST. CASH BAR. PARTY

Where: Event Hall at the Link
20849 Dalton Rd, Sutton West, ON L0E 1R0
When: Saturday, April 29th, 2023 at 6:30-11pm

For more information, please visit: www.hospicegeorgina.com
Or call: (905) 722-9333

**\$75/
HEAD**

**\$600/
TABLE**



ACCREDITED
HPCO

United Way
Greater Toronto

Georgina Volunteer Fair

COME AND JOIN US AT THE

**GEORGINA
VOLUNTEER FAIR
2023**



Organizations attending:

- CHATS
- GCAT
- Georgina Centre for Arts and Culture
- Georgina Food Pantry
- Georgina Kinsmen
- Georgina Military Museum
- Hospice Georgina
- Jericho Youth Services
- Routes Connecting Communities
- Scouts Canada
- Town of Georgina
- York Pride

DATE
April 21, 2023

TIME
Noon - 4:00pm

The Link
20849 Dalton Rd, Sutton

- Find Volunteer Opportunities
- Enjoy Light Refreshments
- Get a Free Swag Bag
- Do Fun Activities

For more information contact
joy@routescc.org or
905-722-5540 x 5473



GEORGINA

JERICHO

Hospice Georgina
Sharing The Caring

routes
connecting communities

Georgina Island

York Region

“Remember that
the happiest
people are not
those getting
more, but those
giving more.”

H. Jackson Brown Jr.

Program Calendars

Hospice Georgina Program Calendar: April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Coffee & Chats 10:30am - 12pm Caregiver Support Group 1 - 2pm	4 Paint Class 9:30am - 12pm	5 Day Hospice 10am - 1pm Sutton Apothecary Presentation: Health Care Wise – A brief Navigation Guide to Better Health 10:30 - 11:30am	6 Fun & Games 10 - 11:30am	7	8
9	10 Coffee & Chats 10:30am - 12pm	11 Creative Therapy 10:30am-12pm Drop-In Grief Group 7 - 8pm (Zoom)	12 Day Hospice 10am - 1pm	13 Dance Class 10 - 11am	14	15
16	17 Coffee & Chats 10:30am - 12pm	18 Meditation 10:30 - 11:30am Lunch N' Learn for Hospice Volunteers 12 - 1:30pm	19 Day Hospice 10am - 1pm	20 Fun & Games 10 - 11:30am Reiki & Reflexology 10am - 3pm	21	22
23	24 Coffee & Chats 10:30am - 12pm	25 Creative Therapy 10:30am - 12pm Cancer Thriving & Surviving Workshop 1 - 3pm Drop-In Grief Group 7 - 8pm (Zoom)	26 Day Hospice 10am - 1pm	27 Dance Class 10 - 11am	28	29

Hospice Georgina Program Calendar: May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Coffee & Chats 10:30am - 12pm Caregiver Support Group 1 - 2pm	2 Paint Class 9:30am - 12pm Cancer Thriving & Surviving Workshop 1 - 3pm	3 Day Hospice 10am - 1pm How to Live a "Sweet" Life 10:30am - 12pm	4 Fun & Games 10 - 11:30am	5	6
7	8 Coffee & Chats 10:30am - 12pm	9 Creative Therapy 10:30am-12pm Drop-In Grief Group 7 - 8pm (Zoom)	10 Day Hospice 10am - 1pm	11 Dance Class 10 - 11am	12	13
14	15 Coffee & Chats 10:30am - 12pm	16 Meditation 10:30 - 11:30am Cancer Thriving & Surviving Workshop 1 - 3pm Lunch N' Learn for Hospice Volunteers 11:30am - 1:30pm	17 Day Hospice 10am - 1pm	18 Fun & Games 10 - 11:30am Reiki & Reflexology 10am - 3pm	19	20
21	22 Victoria Day Hospice Closed!	23 Creative Therapy 10:30am - 12pm Cancer Thriving & Surviving Workshop 1 - 3pm Drop-In Grief Group 7 - 8pm (Zoom)	24 Day Hospice 10am - 1pm	25 Dance Class 10 - 11am	26	27
28	29 Coffee & Chats 10:30am - 12pm	30 Cancer Thriving & Surviving Workshop 1 - 3pm	31 Day Hospice 10am - 1pm			

Program Descriptions

Caregiver Support Group: If you are a caregiver to a loved one, meet others with a similar experience, share and learn about strategies, coping techniques, and local resources.

Coffee & Chats: Join us with your favourite morning beverage and an hour of socialization. In this program we take a laidback approach of talking about life and wellbeing.

Creative Therapy: The purpose of the Creative Therapy program is to provide clients with a creative outlet to express their feelings, thoughts, and emotions.

Dance Class: A light, fun way to exercise and get your body moving. Whether you are seated or standing, this class is for all levels.

Day Hospice: This group is open to any adult living with a life-limiting illness or chronic condition, who would enjoy meeting others who may understand their experiences. During this program, participants have a chance to socialize, participate in activities, listen to experts speak on important topics, and have lunch together.

Drop-In Grief Group: Participants may attend when they are able without having to commit to each session. It might be more difficult for those who are newly grieved, yet all are welcome to attend. (Virtual only, Zoom)

Fun & Games: Light hearted, friendly card and board games to play with friends and acquaintances. Beginners welcome.

Grief Support: If you are experiencing a loss of a loved one, our trained staff and volunteers provide individual support. (Office visits & phone calls)

Guest Speakers: Various important topics related to health and aging.

Individual Support: Trained volunteers provide non-medical support through conversation, playing games, silence, having a cup of tea, or providing respite to a tired caregiver. A volunteer is able to visit in the client's home, long-term care facility, retirement community, other accommodations, or phone calls. (Home visits & phone calls)

Meditation: These mindfulness meditation sessions are fun reflective classes, promoting balance and calm, and managing loneliness and stress.

Paint Class: A guided paint class for relaxation and fun.

Reiki & Reflexology: Reiki is a form of energy healing. Reflexology looks at the hands and the feet as the windows to the body. By appointment only.

Tablet Lending Program: Borrow a tablet to attend our programs on Zoom, play brain games, use wellness apps, and connect with loved ones.

Volunteer Lunch N' Learns

Hospice Georgina Volunteer Lunch N' Learn

Tuesday, April 18th, 2023 @ 12-1:30pm

Advanced Care Planning (ACP) involves identifying a Substitute Decision-Maker (SDM) for the client and discussing their wishes, values, and beliefs involving their healthcare. Together we will learn about ACP and the role of SDM's, including advocating for the clients care preferences and giving or refusing consent in the event of mental incapacity.

Enjoy lunch donated by Amica and an interactive session!

Presented by:
Marsela Papiest

Please RSVP to Debbie at
admin@hospicegeorgina.com
by Wednesday, April 12th



20849 Dalton Road
Sutton, Ontario L0E 1R0
Phone: 905-722-9333

Email: admin@hospicegeorgina.com



Hospice Georgina Volunteer Lunch N' Learn

Tuesday, May 16th, 2023 @ 11:30am-1:30pm

Join us for a tour of Cedarvale Lodge at 121 Morton Avenue, Keswick.

Cedarvale Lodge is hosting this months volunteer lunch n' learn to showcase their facility. The lunch n' learn will include a tour of the facility, highlighting the various programs and services offered to residents. Attendees will also enjoy lunch together!

Enjoy lunch & a tour!

Presented by:
Tonya McConnell

Please RSVP to Debbie at
admin@hospicegeorgina.com
by Tuesday, May 9th



20849 Dalton Road
Sutton, Ontario L0E 1R0
Phone: 905-722-9333

Email: admin@hospicegeorgina.com

Brain Teaser

Look at the chart below and say the **COLOR** not the word

YELLOW ORANGE BLUE
BLACK GREEN RED
YELLOW PURPLE RED
ORANGE GREEN YELLOW

Left-Right Conflict

**Your Right Brain Tries To Say The Color But
Your Left Brain Insists On Reading The Word**

Team

Board of Directors

Chair: Mary Margaret Thorburn

Vice-Chair: Carrie Ann Smith

Secretary: Judi Carr-Kartash

Past Chair: Iain Donnell

Members:

Freda White

Gayle Clarke

June Scandiffio

Staff

Executive Director:

Laurie Knapp

Administrative Assistant:

Debbie Waterman

Programs & Outreach Coordinator:

Victoria Vass

Client Care Coordinator:

Cassandra Sinopoli

Hospice Georgina

The Link

20849 Dalton Rd., Box 721

Sutton, ON

LOE 1R0

(905) 722 - 9333

www.hospicegeorgina.com

	3			9				1
5		2			6		4	8
	9					2		7
					5			
3	4	8	7	6	9	1	5	2
			3					
4		1					2	
7	2		8			3		6
9				5			1	

Riddle

Q: Why did the duck get fired from his Easter job?

Answers

4	1	2	2	5	9	3	8	9
9	6	3	4	1	8	5	2	7
5	2	8	3	7	9	1	9	4
9	8	4	1	2	3	7	5	9
3	4	8	7	6	9	1	5	2
2	1	9	4	8	5	6	7	3
1	9	6	5	4	8	2	3	7
5	7	2	1	3	6	9	4	8
8	3	4	2	9	7	5	6	1

A: He kept quacking the eggs.