Newsletter



Executive Director's Message

Dear Hospice Georgina Community,

I hope you had a wonderful summer filled with warmth, joy, and precious moments with your loved ones. As we transition into the beautiful season of fall, I want to take a moment to reflect on some of the highlights from the past few months and share exciting updates on our journey.



Annual General Meeting (AGM): A Resounding Success

Our AGM held earlier was a tremendous success. The turnout was genuinely heartwarming, with many familiar faces and new friends coming together to support Hospice Georgina. The event's highlight was our special guest speaker, Annalise Stenekes, who shared her insights and experiences regarding building a residential hospice. Her inspiring words gave us a renewed sense of purpose and commitment to our mission.

Pancake Breakfast: A Hearty Success

Our annual pancake breakfast, a new tradition for the Hospice Georgina community, was a success this year. The event saw a packed house, with friends and families coming together to enjoy delicious pancakes, sizzling sausages, and delightful conversations. We are thrilled to announce that we raised an incredible \$ 3,000.00 during this event. We extend our heartfelt thanks to the Georgina firefighters, our generous sponsors, dedicated volunteers, and, of course, our guests who made this event a memorable one.

Newsletter

Inside:

Thank You to Our Donors...Page 3

Volunteer Spotlight...Page 4

Front Page Cont'd...Page 5

Annual General Meeting...Page 6

Pancake Breakfast...Page 7

Fundraising...Page 8

Remembering Bill Oliver...Page 9

Volunteer Story...Page 10

Upcoming Events....Page 11

Fundraisers for Hospice...Page 12

Program Calendars...Page 13

Program Descriptions...Page 14

Team & Game...Page 15

Fall 2023 Edition

"Autumn shows us how beautiful it is to let things go.."

-Unknown



Thank You For Your Donations

Big or small, every single donation makes a difference. Every single dollar raised or donated to Hospice Goergina stays in our community and allows us to continue to build a stronger community for all. We are thankful for those who make Hospice Georgina their charity of choice and for giving locally. Thank you for your generous support of our efforts in "Sharing the Caring."

Donors Michael & June Scandiffio Jacinta Yang



We're overjoyed to express our deepest gratitude to Dave and Anita at Sutton Home Hardware for their generous \$1,500.00 donation! Your ongoing support has had a tremendous impact on Hospice Georgina, and we couldn't be more grateful.

Year after year, you've shown dedication as faithful community supporters, and we're proud to have you on our side.

Memory Tree

















- T. Erkkila in memory of Ann McSherry
- M. M. Thorburn in memory of Ann McSherry
- C & R Grossi in memory of Ann McSherry
- J. Phelson & M. Hynes in memory of Ann McSherry

Mark Logue in memory of Ann McSherry

- J. & A. Keegans in memory of Ann McSherry
- D. MacDonald in memory of Ann McSherry
- S. Doyle & family in memory of Ann McSherry
- P. Lambie in memory of Ann McSherry
- M. M. Thorburn in memory of Joan Hutchinson
- D. & S. Love in memory of Ann McSherry

The Sedore family in memory of Ann McSherry

Elementary Teachers' Federation of Ontario in memory of Bill Oliver

- V. Kinniburgh in memory of Bill Oliver
- R. Vaughan in memory of Bill Oliver
- L. Higgins in memory of Bill Oliver
- K. Davis in memory of Bill Oliver
- C. Rice in memory of Bill Oliver
- T. Holwell in memory of Bill Oliver
- R. Smith in memory of Bill Oliver
- J. Van Der Voort in memory of Frederick Duckworth
- L. Knapp in memory of Lynn Marles
- L. Knapp in memory of Jo-Anne Jackson

THANK YOU TO OUR MONTHLY DONOR: M.M. THORBURN

VOLUNTEER SPOTLIGHT





At Hospice, we are incredibly fortunate to have a dedicated and selfless team of volunteers who make a significant impact on our mission. Today, we want to shine a spotlight on one such extraordinary volunteer - Irv!

Irv is a committed volunteer in our Hospice family, always there to lend a helping hand wherever and whenever we need it. His commitment and support are simply outstanding. Here's a glimpse of the incredible work he does:

Catch the Ace: Every week, Irv plays a pivotal role in helping us sell Catch the Ace tickets. He sells tickets weekly. This not only helps us sell more tickets, but gets the word out about our initiatives. He also helps run our weekly draws, catch him every Wednesday night live on our Facebook page for some good laughs!

Day Hospice: Irv's positive and humorous attitude is a perfect fit for our Day Hospice program. He provides joy, laughs, and a fun environment to those who need it most.

Event Support: No event is too big or small for Irv to support. He is always there to help us set up, manage, and ensure the success of our events.



Outreach Support: Irv's dedication also extends to outreach efforts, supporting our community outreach coordinator, where he plays a pivotal role in spreading awareness about Hospice and our mission in the community.

Irv, your commitment and versatility are truly remarkable. Your willingness to step up, wherever and whenever we need you, shows your dedication and the genuine kindness in your heart.

Your presence at Hospice brightens our days, and your efforts make a profound difference in the lives of those we serve. We want to express our heartfelt gratitude for everything you do.

Thank you, Irv, for being an extraordinary part of our Hospice family and for helping us make a difference in the lives of those we support.

When you see Irv, give him some love for being an awesome human!

Front Page Cont'd

Executive Director's Message

A Message of Gratitude

I would like to take this opportunity to express my profound gratitude to every one of you who contributed to the success of our AGM and pancake breakfast. Your support, dedication, and enthusiasm make Hospice Georgina a true beacon of hope in our community. It is your involvement and commitment that continues to drive us forward, inspiring us to provide the care, compassion, and support that our community needs.

What's Next for Hospice Georgina?

As we look forward to the fall season, Hospice Georgina remains steadfast in its mission to support our community.

In the coming months, we have more exciting events, programs, and initiatives planned. Stay tuned for updates on upcoming fundraisers, educational workshops, and ways to get involved and make a difference in the lives of those in need.

Thank you for being a part of the Hospice Georgina family. Your continued support and dedication empower us to make a meaningful impact in our community, bringing comfort and solace to those in their most challenging times.

As we embrace the changing seasons, let's carry the warmth of summer in our hearts and continue to shine as a beacon of hope for all we serve. Together, we will make a difference.

Kind regards, Laurie Knapp



Annual General Meeting





Thank you to our speakers Mayor Margaret Quirk & Annalise Stenekes of Mariposa House Hospice.

Thank you to Amica Senior Lifestyles for sponsoring our food & refreshments. Congratulations to Brenda who received the Volunteer of the Year award for outstanding service.

Congratulations to Mary who received the June Callwood Outstanding Achievement Award for Voluntarism.

We also celebrated some very important Milestones

- 15 Years for Gayle Clarke and Mary Margaret Thorburn
- 10 Years for Lynda Howe and Cathy Trollope
- 5 Years for Irvin Erb and Pam Arnold

Thank you to all that attended and continue to support hospice!







Pancake Breakfast

Our Annual Pancake Breakfast with The Georgina Firefighters was a resounding success. We had a great turn-out and everyone enjoyed the delicious food prepared by the Firefighters and the fabulous entertainment. Thank you to everyone who came out to support Hospice Georgina, the volunteers, the Georgina Firefighters, Buck the Magician, Hannah Hutchings and all of our sponsors.







Special thanks to our sponsors























Hannah Hutchings

Buck's Magic

The funds raised at the event will make a significant impact on our ability to continue providing quality hospice programs, grief support, and education to those in need. Your support contributes to ensuring that individuals and families facing the challenges of life limiting illness receive the care and compassion they deserve during their difficult times.







Fundraising

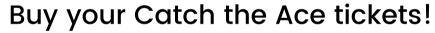


The Annual Grossi Family Pizza Night was a whopping success, raising \$2,090.00! But this couldn't have happened without the support of Wayne Winch and Brenda Brouwer from Re/Max, who graciously sponsored the food, allowing more funding to flow directly to Hospice Georgina and Community Living Georgina.

We extend a big thank you to Victoria and Joy for volunteering to serve pizza. Your hard work and commitment made this event even more special!







- ONLINE at https://ace.hospicegeorgina.com/
- HOSPICE GEORGINA: MONDAY-THURS 8:30am-4:30pm
- AUNTIE M'S CLOSET: MONDAY- SAT 11am-4:30pm (no ticket sales on Wednesdays)
- ZEHRS: FRIDAYS 1pm-4pm
- ICE PALACE: FRIDAYS 6:30pm 9pm
- ICE PALACE: SATURDAYS 10am 1pm
- BLACK RIVER COFFEE: TUESDAYS 7:30am 10am
- SUTTON SOBEYS: WEDNESDAYS 1pm-4pm



Address: 1230 Kerrisdale Blvd, Newmarket, ON. L3Y 8Z9



Hospice Georgina is overjoyed to introduce Melissa, the big winner of our Catch the Ace draw on August 30, 2023! She and her son Rory received a generous cheque for \$29,421.50.

Thank you to eveyone who bought tickets and supported us.

Don't forget to buy your tickets for our new round of Catch the Ace.





Thank you for advertising Catch the Ace on Air on for us

Bingo World & Gaming Newmarket has been invaluable in supporting our community and our programs. Did you know that a portion of every dollar spent at Bingo World goes to support your community and Hospice Georgina is one of the recipients.

Remembering Bill

Obituary

With great sadness, we announce the passing of Bill (William) Oliver on Saturday, September 16, surrounded by his family at Southlake Regional Health Centre after a brief illness at the age of 81.

Beloved husband of Brigitte (nee Hilpold) of 57 years. Cherished father of Jackie (David) Bellamy and Michael (Nicole Hamley). Proud grandfather of Megan, Kathryn, Charlotte and Reese. Missed by sister-in-law Linda Hilpold and her family Noel, Charlotte and Greta Chase.

Born May 26, 1942 in Manitoba, Bill and his family settled in the Leaside, where he filled his days with hockey, playing goalie up to his late teens and baseball.

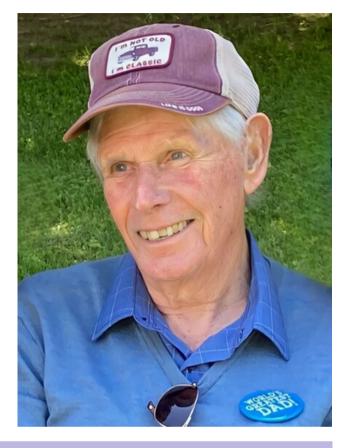
Bill was a proud and enthusiastic science teacher in North York for over 30 years.

Following retirement, he became an involved member of the York Curling Club, a golf Marshal at Bradford Highlands and the Briars, and a proud volunteer with St John's Therapy Dogs alongside his husky Keda. Most recently, Bill volunteered with Hospice Georgina and was chairman of the men's group in his new community of Sutton by the Lake.

Thank you to the Southlake cardiac and palliative teams- the cardiac and palliative doctors and the kind and compassionate nurses and PSWs who took such great care of Bill and his family.

Bill touched the lives of many with his warmth, kindness, sense of humour, compassion and love. He will live on in the hearts and memories of all those fortunate enough to know him.

"Bye for now," Dad



We are saddened to announce the passing of one of our beloved and dedicated volunteers, Bill Oliver. Bill joined us in 2021, with previous experience volunteering at another hospice. Bill was smart, funny, kind, witty, sharp, positive, and helpful. He was loved by our clients and volunteers. He was a Day Hospice volunteer, and a volunteer driver, helping get clients to and from our programs, and entertaining them with his stories, riddles, and never ending knowledge about many topics. He was an extremely dedicated volunteer that we could always count on. He was easy going and did whatever he could to help us out.

He will be dearly missed by all who knew him. We send our deepest condolences to Bill's family and loved ones.

A Volunteer Story

With love and compassionate understanding, I try to provide some comfort as a hospice volunteer. It is a side of me that I have been crafting as I walk through this life. Growing into a hospice volunteer, as I see it now, is a true mission for someone with my life experiences.

I craved elderly wisdom even as a child. I had more grandparents than you could count. Respect was shown to all of my wise elders by declaring them grandmas and grandpas too. I love to believe they enjoyed my visits as much as I enjoyed their tales and special presence in my life. I never feared their wrinkly skin, weathered faces, or greying hair. They were an unquenchable source for my learning.

I also cherished time spent with those who were palliative, so that I could hopefully brighten their days. Those I had chosen to share time with seemed to perk up, even if just a bit. Love was being displayed through their voices, eyes, and actions. Sharing love isn't an insignificant thing. Love is an emotion in us that is a shame not to share.

A demonstration of my love always seems to help give me closure. Sometimes it's been in poetry I've written, stories shared, a visual artwork created, and even final acts of love or gift giving. A couple I knew used to tell each other that they owed one another a quarter. Being curious, I asked them what it meant and found out a quarter was code for a kiss.

When they passed, I made certain I placed a quarter with them from me. My dad passed in 1993, and one last act of love was to pick a fleck of dust off his suit's lapel. Besides the poem that follows, I picked my mom a final little nosegay of wild flowers. My love blooms and grows the more I demonstrate it, and my compassion is so strong that it can't be denied. Sharing love is what I was meant to do.

My mother was one of those wise elders that shared her abundant talents and love with me. Writing poetry was one of her go-to places for sharing too, and she used LOVE as her pen name. I wrote the poem below for her.

LOVE

L is for your love of life displayed through your own lyrics.

O is for your own octaves of life, orchestrated through poetry.

V is for your valour and vibrancy vital to your form of literature.

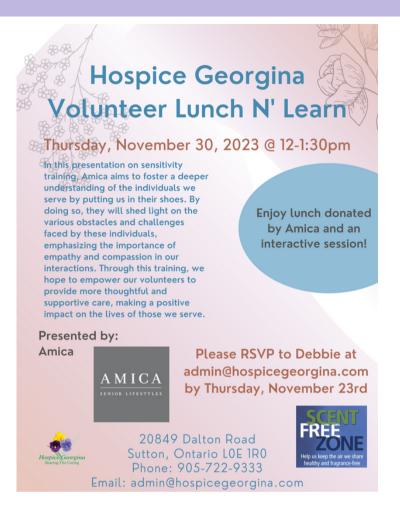
E is for the euphoria felt by those who experience your efforts.

Yes, I feel my life's experience is growing into hospice with love. Hospice for me is an honour and a reward. Sharing my compassionate love for others is a balm unto itself.

Written by Elizabeth McDonald

 Page 10	0
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Upcoming Events







Santa Claus is coming to town and Hospice Georgina will have a Float in the Sutton Parade.

When: Saturday December 2, 2023

Time: 5:00pm - 7:00pm

Where: Beginning in Jackson's Point, the parade travels down Dalton

Road to High Street, then

along High Street ending at the Sutton fairgrounds.

Fundraisers for Hospice





Scan the QR Code Below to donate to Hospice!



Gift Bags for Hospice Georgina



We are accepting donations for client gift bags! Please drop off donations at Hospice Georgina by December 1st between Monday to Thursday from 8:30am-4:30pm

Please donate NEW items such as:

- -gift cards
- __lip balm
- -hats, scarves, & gloves
- -tissues

-socks

- -chocolates
- -body soap
- -deodorant
- -shampoo & conditioner -toothbrush & toothpaste
- -calendars



If you have any questions please contact our office at admin@hospicegeorgina.com or 905-722-9333



The Link, 20849 Dalton Rd, Sutton, ON LOE 1R0 www.hospicegeorgina.com





Program Calendars

November

Hospice Georgina Program Calendar: November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1 Day Hospice 10am - 1pm	2 Fun & Games 10:30am - 12pm	3	4	
5	6 Coffee & Chats 10:30am - 12pm	7 Caregiver Support Group 1 - 2pm	8 Day Hospice 10am - 1pm Therapy Dogs Visit 10:30 – 11:30am	9 Fun & Games 10:30am - 12pm	10	11	
12	13 Coffee & Chats 10:30am - 12pm	14 Creative Therapy 10:30am - 12pm Cancer Peer Support Group 1 - 2pm Drop-In Grief Group 7 - 8pm (Zoom)	15 Day Hospice 10am - 1pm	16 Fun & Games 10:30am - 12pm Reiki & Reflexology 10am - 3pm	17	18	
19	20 Coffee & Chats 10:30am - 12pm	21 Paint Class 9 – 11am Meditation 11am – 12pm	Day Hospice 10am - 1pm Sutton Apothecary 10:30am - 12pm	23 Fun & Games 10:30am - 12pm	24	25	
26	27 Coffee & Chats 10:30am - 12pm	28 Creative Therapy 10:30am - 12pm Drop-In Grief Group 7 - 8pm (Zoom)	Day Hospice 10am - 1pm YRT Presentation 10:30 – 11:30am	30 Fun & Games 10:30am - 12pm Volunteer Lunch & Learn 12-1:30pm			

December

Hospice Georgina Program Calendar: December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4 Coffee & Chats 10:30am - 12pm	5 Reiki & Reflexology 10am-3pm Caregiver Support Group 1 - 2pm	6 Day Hospice 10am - 1pm	7 Fun & Games 10:30am-12pm	8	9
10	11 Coffee & Chats 10:30am - 12pm	12 Creative Therapy 10:30am - 12pm Cancer Peer Support Group 1 - 2pm Drop-In Grief Group 7 - 8pm (Zoom)	13 Day Hospice 10am - 1pm Therapy Dogs Visit 10:30-11:30am	14 Fun & Games 10:30am-12pm Volunteer Holiday Party 12-2pm	15	16
17	18 Coffee & Chats 10:30am - 12pm	19 Paint Class 9 - 11am Meditation 11am - 12pm	20 Day Hospice 10am - 1pm	Fun & Games 10:30am-12pm	22	23
24 Christmas Eve	25 Christmas Day Hospice CLOSED	26 Boxing Day Hospice CLOSED	27 Hospice CLOSED	28 Hospice CLOSED	29	30
31	January 1 New Year's Day Hospice CLOSED	January 2 Caregiver Support Group 1 - 2pm	January 3 Day Hospice 10am - 1pm	January 4 Fun & Games 10:30am-12pm	January 5	January 6

www.hospicegeorgina.com | (905) 722 - 9333

Program Descriptions

Cancer Peer Support Group: This is an empathetic peer support group where individuals facing the emotional and physical challenges of cancer can come together for support and understanding.

Caregiver Support Group: If you are a caregiver to a loved one, meet others with a similar experience, share and learn about strategies, coping techniques, and local resources.

Coffee & Chats: Join us with your favourite morning beverage and an hour of socialization. In this program we take a laidback approach of talking about life and wellbeing.

Creative Therapy: The purpose of the Creative Therapy program is to provide clients with a creative outlet to express their feelings, thoughts, and emotions.

Day Hospice: This group is open to any adult living with a life-limiting illness or chronic condition, who would enjoy meeting others who may understand their experiences. During this program, participants have a chance to socialize, participate in activities, listen to experts speak on important topics, and have lunch together.

Drop-In Grief Group: Participants may attend when they are able without having to commit to each session. It might be more difficult for those who are newly grieved, yet all are welcome to attend. (Virtual only, Zoom)

Fun & Games: Light hearted, friendly card and board games to play with friends and acquaintances. Beginners welcome.

Guest Speakers: Various life skills and health topics.

Meditation: These mindfulness meditation sessions are fun reflective classes, promoting balance and calm, and managing loneliness and stress.

Paint Class: A guided paint class for relaxation and fun.

Reiki & Reflexology: Reiki is a form of energy healing. Reflexology looks at the hands and the feet as the windows to the body. By appointment only.

Contact Victoria events@hospicegeorgina.com 905-722-9333 x 5505

Team

Board of Directors

Chair: Mary Margaret Thorburn Vice-Chair: Carrie Ann Smith Treasurer: Dushi Quittner Past Chair: Iain Donnell

Members:
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Gayle Clarke
June Scandiffio

Rev. Betty Lou McNabb

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Executive Director

Laurie Knapp

Administrative Assistant

Debbie Waterman

Programs & Outreach Coordinator

Victoria Vass

Client Care Coordinator

Cassandra Sinopoli

Hospice Georgina

The Link
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Sutton, ON
LOE IRO
(905) 722 - 9333
www.hospicegeorgina.com

*Please note our office will be closed Dec 22 - Jan 1 for the holidays

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3	6					4		

Riddle

Q: Why did the scarecrow win the Nobel Prize?

Answers

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9	Þ	7	9	8	L	7	ε	6
3	l	Z	6	Þ	G	9	8	7
6	9	G	l	Z	3	8	7	Þ
Þ	8	l	G	6	7	3	L	9
7	L	3	8	9	Þ	G	6	l

A: Because he was out-standing in his field.

