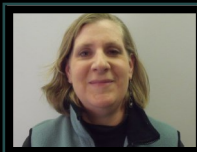




INSIDE:

EXECUTIVE DIRECTOR'S REPORT

Thank you to our donors	2
Volunteer of the Month & Candle Light Services	3
The Board Report	4
Upcoming Events & Programs	5
Grief Coordinator Report & Memory Tree	6,7
Upcoming Program	8
Volunteer Appreciation Lunch	9
Open House	10



Marie Morton

A Year in Review

December is typically a time of both celebration and reflection. I like to take this opportunity to look back on the year at Hospice Georgina, to be grateful for all we have, and to acknowledge work well done.

In January, we started off 2019 in a big way by kicking off our new Day Hospice program. It has been a huge success in its first year!

In February 2019, we marked a year of collaborating with The Love Project on our Expressive Arts program by celebrating with an Open House featuring cake and butterfly crafts during a Winter Market.

In March, we started a wonderfully supportive relationship with Amica Newmarket. Over the year, they have generously provided delicious food for a number of client and volunteer events.

In April, we celebrate National Volunteer Week, and we welcomed our volunteers in for a spring Open House.

In May, we work to raise awareness during National Hospice Palliative Care week. We were welcomed to speak about our work at St. James Church in Sutton.

In June, we held our Hike for Hospice, hosted by Loretto Maryholme.

In July, we kicked off a collaboration with Alzheimer's Society York Region to bring the very successful Minds in Motion program to the Link, for the benefit of our clients and their caregivers.

In August, we wrapped up our work for the Magna Hoedown fundraiser, with Hospice Georgina partnered up with the Georgina Art Centre and Gallery.

In September, Hospice Georgina successfully renewed our Accreditation with Hospice Palliative Care Ontario.

In October, Hospice Georgina and Vaughan Community Health Centre had been collaborating for a full year, offering the weekly Coffee & Chats social inclusion drop in group. 100% of the clients surveyed reported being happy with the group.

In November, we held our very first PAIL (Pregnancy and Infant Loss) information night, kicking off a new grief and bereavement support for the community.

In December, Hospice Georgina collaborated with all of the other agencies located in The LINK to create a forest of holiday trees, destined for homes in the community. Looking back, that's a lot of collaborations and working together. A whole year of Sharing the Caring! Thanks to everyone who was part of our year.

Contact: Marie Morton, Executive Director
mmorton@hospicegeorgina.com or 905-722-9333, x5503

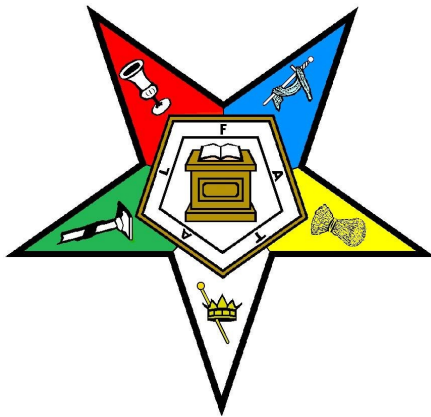


THANK YOU TO OUR DONORS!

We are grateful for the following community donations in support of the services provided at Hospice Georgina. Our goal is to make a difference in Georgina and continue to provide programs at no charge with the help of donations from supporters such as you. Thank you for your generous support of our efforts in **“Sharing the Caring.”**



Newmarket Chapter No. 252



On behalf of Hospice Georgina, we would like to thank you for your contribution of \$500.00. Your financial support helps us continue in our mission and assist those in our community.

The generous support of individuals like you makes it possible for our organization to exist and to make the community a great place to live.

#GIVING
TUESDAY™

Thank you, Fern & Rosa for thinking of Hospice Georgina on “Giving Tuesday” and your kind donation.

Happy Holidays.....

Thank you Deirdre Fitpatrick
for your on going support.
Donated \$50.00



Thank you to our
Monthly donors:

Mary Margaret Thorburn
Mary Catherine Macaluso

The goal of Hospice Georgina is to continue to make a difference in Georgina. With the help of donations from supporters such as you we will continue to support our community and provide programs at no charge. Thank you for your generous support of our efforts in **“Sharing the Caring.”**

VOLUNTEER OF THE MONTH "RICK"

RICK It is with great pleasure that Hospice Georgina nominates Rick for the December 2019 volunteer of the month. Rick demonstrates an extraordinary commitment to his roles with Hospice.

Rick takes it upon himself to provide exceptional support and service to our clients. Rick is the kind of person who lives to give... he is either driving clients to appointments or to the Day Hospice program or volunteering at our fundraising events.



Rick is fondly known as the 'go-to' for most things at Hospice, Rick is helpful, caring, resourceful, and happy to offer his service, no matter the task. He often performs above and beyond.

For the past 12 years Rick is always willing to pitch in for the good of our Hospice community regardless of the mission.



Thank you for all you do.....

Just a reminder that all volunteers need to report your volunteer hours every month by the 10th. This information is reported to the Ministry of Health, which in turn funds our palliative programs. Without volunteer hours, our funding could be in jeopardy. Reminder... please include travel time to your clients.

BOARD OF DIRECTORS

Chair:

Angela Young

Vice-chair:

Sandy Walters-Smith

Treasurer:

Heather Rahman

Secretary:

Lynne Dryla

Members:

Iain Donnell

Mary Margaret Thorburn

J. David Hobson

Carrie Ann Smith

Freda White

Erin Gallant

Margaret Van Den Hazel

www.hospicegeorgina.com

Staff

Executive Director:

Marie Morton

Office Manager:

Laurie Knapp

G&B Coordinator:

Sharron Spencer

Client Care Coordinator:

Tracey Adams-Thibaudeau

Hospice Georgina

The LINK

20849 Dalton Rd.

Box 721

Sutton, ON

L0E 1R0

(905) 722-9333

Board of Directors' Report

"You Matter because you are you, and you matter to the end of your life"

—Dame Cicely Saunders, Founder of the Hospice Movement

As 2019 comes to a close, we embark on a new decade and with this will come new challenges and new energy. We can reflect that this past decade for Hospice has been one of growth and opportunities for supporting our ever growing communities that make up Georgina.

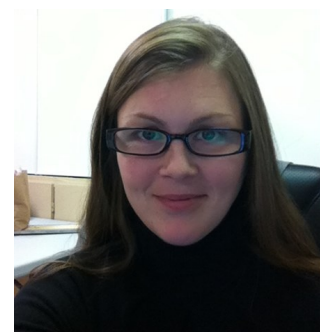
2019 has seen us grow our staff team, programs, and services to serve more of our community members; the need for our services has never been greater. With this need, as always, we have looked for opportunities for growth and advocacy for Hospice Georgina.

It takes a team of dedicated staff and volunteers to support our organization and support the people we serve tirelessly throughout the year. Without them we would not be able to be committed to our mission.

Our continued goal will be to support and provide a non-medical approach to all people living in Georgina. Approaching as always with empathy, compassion and dignity at death and support those people caring for those who are at end of life.

For all that you do, and for all of your support whether you are a donor, volunteer, or staff, I personally would like to say "thank you".

Angela Young,
Chair of the Board



Upcoming Events and Programs

Holiday Volunteer Appreciation Lunch Tuesday, December 17th, 1:00-3:00pm.
Please RSVP to Laurie at 905-722-9333 x5502.

Annual Open House Tuesday, December 17th, 3:00-6:00pm. Everyone welcomed.

Kintsugi Bowl Workshop Tuesday, January 14th, 9:30am-12:00pm. Please register by contacting Sharron at 905-722-9333 x5504 or email grief@hospicegeorgina.com.

Coffee and Chats (VCH & Hospice Georgina) runs every Monday from 10am-11:30am. This program is a free social group open to anyone 55+. Registration is required. Contact Tracey at 905-722-9333 x5505 for more details.

Caregiver Education Support Group (CHATS & Hospice Georgina) runs on the first Monday of the month 1-3pm. Please contact Tracey 905-722-9333 x5505 for more information.

Expressive Arts with The Love Project runs on the first Tuesday of the month from 1:30-3:30pm. Contact Sharron for more information.

Day Hospice runs in 5-week sessions on Wednesdays from 10am-2pm. It is a program for individuals with life-threatening illness. Please contact Tracey at 905-722-9333 x5505 for information and assessment.

Wellness Meditation is available on the last Thursday of every month from 2-3pm, registration with Tracey is required.

Zen Jen Meditation is open to anyone and runs the 2nd Tuesday of every month from 2-3pm. Contact Sharron for more details.

ThetaHealing available to clients only. Please contact Sharron for information.

Reiki Session with Donna Tues. January/February/March 28th 9:30 am, 10:30 am & 11:30 am. Available to clients, their caregivers and our volunteers. Book your appointment with Sharron x5504.

PROGRAMS

GRIEF & BEREAVEMENT REPORT



The Elves have been busy working in the Grief & Bereavement program, preparing Wellness programs into the New Year!

Hospice Georgina is happy to announce that on the 2nd Thursday evening of each month, we will be facilitating a monthly support group for Pregnancy & Infant Loss (PAIL) at Hospice Georgina with the PAIL Network! (<https://pailnetwork.sunnybrook.ca/>).

Trained volunteers, who have experienced pregnancy or infant loss first-hand, lead the PAIL support programs. This is a much-needed support in Georgina. Currently, residents of Georgina go to Newmarket or Durham to access in-person support groups. If you or someone you know is seeking this type of support, please visit the website, under the “Families” dropdown, and submit a “Request for Support”. All participants must register with the PAIL Network.

Reiki is back! We are happy to offer Reiki treatments on the last Tuesday morning of each month with Donna, who has been a Reiki practitioner for over 20 years! Please contact Sharron to book a session.

The Kintsugi Bowl, a Japanese art of precious scars, teaches that broken objects are not something to hide, but in fact, becomes even more refined thanks to its “scars”. Hospice Georgina will be hosting a 3-hour workshop on Tuesday January 14th, from 9:30am - 12:30pm, as part of our Wellness program, that will be available to clients and caregivers at no cost. We invite members of the community to attend, asking for a small donation to Hospice Georgina. We will be hosting a workshop specifically for our Volunteers on a later date.

For those who are grieving this holiday season, please be kind to yourselves. Remember, this time of year is a time that you may have enjoyed and celebrated in the past, but now you feel a false sense of Joy in a world where you are surrounded by cheer. Give yourself permission to feel your feelings, even if it’s just a few minutes each day, as this is how we heal.

For those of you who have lost a loved one this year, some people may not realize why those of you who are grieving feel reluctant to move into a fresh new year. For the bereaved, it is moving into a new calendar year – one that our loved one will never live in.

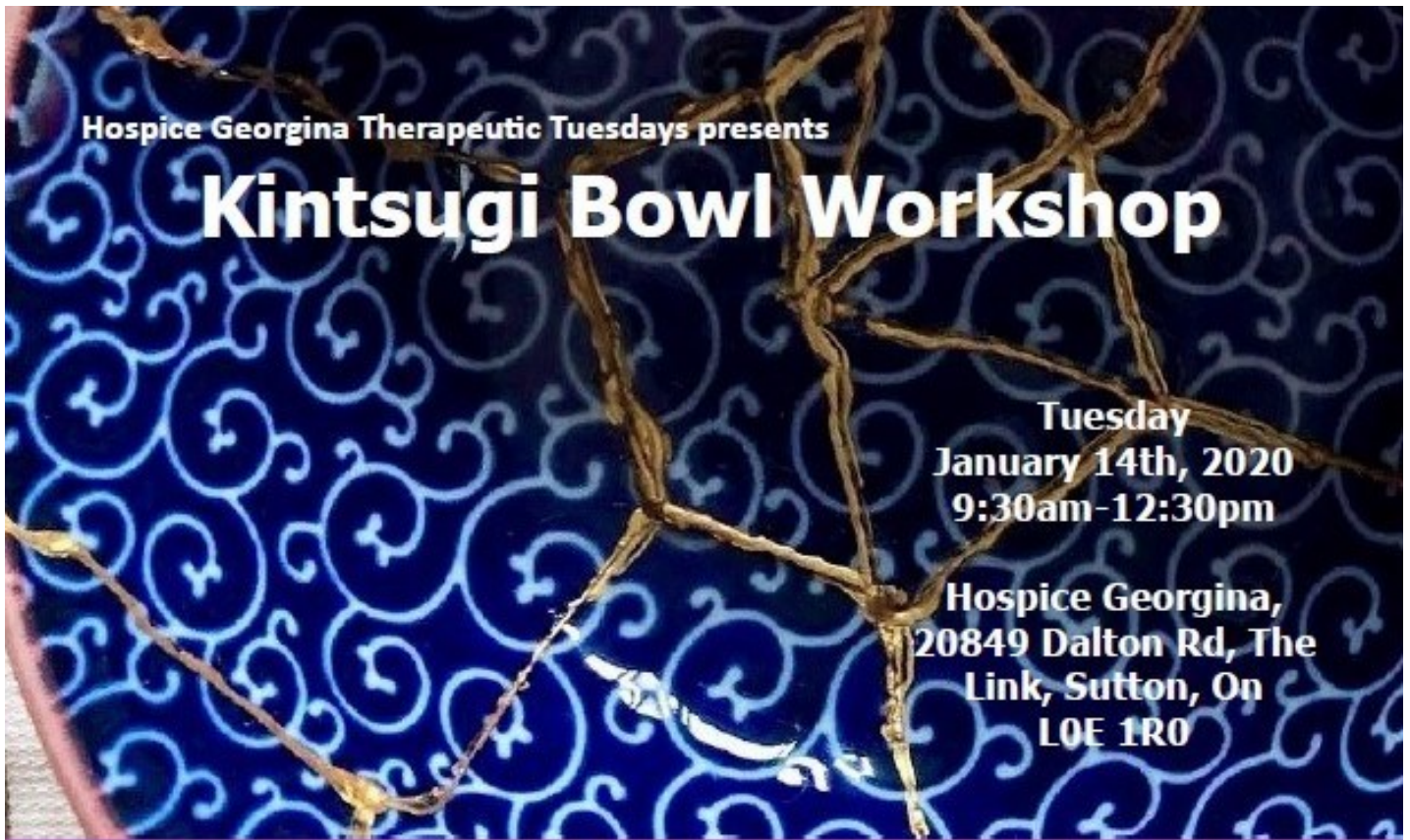
Our wishes for you this holiday season is to have some meaningful moments and create new memories!

Hospice Georgina



We invite you to add a tag to our Holiday Memory Tree.

Simply write a special message or the name of someone with whom you have fond memories during this holiday season.



The Kintsugi Bowl is a Japanese art of precious scars.

This workshop teaches us that broken objects are not something to hide, but in fact becomes even more refined thanks to its "scars" and provides a reflective process of healing.

We invite our clients and caregivers at no cost.

We invite members of the community to attend, asking for a small donation to Hospice Georgina.

Spaces are limited.

Please register by contacting Sharron Spencer
at 905-722-9333 ext. 4 , or email: grief@hospicegeorgina.com





Holiday Volunteer Appreciation Lunch

DATE: Tuesday, December 17, 2019

TIME: 1 - 3 pm

WHERE: Hospice Georgina (The LINK)
20849 Dalton Road
Sutton, ON L0E 1R0

COME ONE, COME ALL!



Thank you for your
"helping hands"!

Please RSVP with Laurie (905) 722-9333

Please join us at
***Hospice Georgina's
Annual Open House***

**Tuesday, December 17, 2019
3 PM to 6 PM
20849 Dalton Road, Unit C, Sutton West**

We invite the community to drop by for snacks, refreshments, and conversation.

This is our opportunity to thank you for another year of supporting hospice palliative care in Georgina.



Hospice Georgina

(905) 722-9333

20849 Dalton Rd. Unit C, Sutton

www.hospicegeorgina.com

Your neighbourhood centre for palliative care support, grief healing and education

