



Hospice Georgina
Sharing The Caring

2022 ANNUAL REPORT



SHARING THE CARING


WELCOME

We wish to warmly welcome you to the 2021-2022 Annual Report to our Community.

Whether you are new to Hospice Georgina or already a friend, we invite you to learn more about our programs and services. We would like to expand your understanding and knowledge regarding the services that are provided by Hospice Georgina. These services include support for individuals living with life-limiting illnesses, relief for their caregiver and assistance for the bereaved.

OUR MISSION

Hospice Georgina is a caring community of individuals who provide Quality of Life, Dignity throughout the Journey, and Grief Support to those living with or affected by a life-limiting illness.



**"In diversity there is beauty
and there is strength"**

- maya angelou

Addressing each person's unique needs,
all Hospice programs and services are offered
at no charge and are available irrespective of
gender, sexual orientation, religion, race,
ethnicity or economic status.

**Thank you to our dedicated board members who go above
and beyond to serve Hospice Georgina.**

We appreciate your time, commitment and dedication to our organization.

2021-2022 Board

Board Chair: Mary Margaret Thorburn

Past Chair: Iain Donnell

Vice-Board Chair: Sandy Walters-Smith

Secretary: Judi Carr-Kartash

Treasurer: Carrie Ann Smith

Board Members

Freda White

Gayle Clark

June Scandiffio

Lynda Ritchie





President Report

Mary Margaret Thorburn

So, we have managed to get another year with COVID under our belts! Weekly, if not daily, changes to our protocols were dealt with swiftly and with the health and safety of our clients and staff as our number one goal. We are still running programs on ZOOM, in-person and in a hybrid manner as well. In these ways, we hope clients will be comfortable choosing the format that makes them the most comfortable. Our staff sure has been creative!

Our programs have kept expanding as we listen to the needs of our clients. Our on-going programs, such as grief, have been lead and supported this past year by our highly trained and experienced volunteers. What an asset! We could never provide this quality of care without you.

Over the course of the last two years, our volunteers have had to make some difficult choices concerning their participation during COVID. Based on their personal situations, many were unable to participate under the new guidelines. Those that were able to continue supporting their clients did so in much modified ways. We have been fortunate that we have some great new volunteers as well! As we move forward, new and energetic volunteers are always welcome!

Financially, our year was very positive. We were able to participate in COVID programs/opportunities which helped offset many of our fund-raising activities which had to be cancelled. As you know, we were also successful in being awarded a \$98,500 grant from the Ontario Trillium Foundation. These funds were specifically for our use in adapting to and addressing the new demands which were now a part of our daily COVID protocols. We were responsible for utilizing these funds for the various projects by the June 30, 2022 deadline. One amazing opportunity that came out of having these funds was to connect our clients electronically to our programs as well as their family and friends. Those who weren't previously connected now had a tablet and support to use it. As we all experienced, mental health and not being connected to our various communities took its toll on many people.

The Board of Directors was proud to promote Laurie Knapp to the position of Executive Director this past year. Laurie has been our employee with the longest tenure here at Hospice Georgina. She is well known and respected in our community. Together, with her dedicated staff, our caring and compassionate team has responded amazingly well to the challenges presented to us all.

Moving forward, we know that the number of clients continues to grow. Our need for volunteers continues and new challenges continue to present themselves. It is only by working together, in new creative ways, that we will be able to meet the continued growing demand for our services within our community.



Executive Director

Laurie Knapp

It has been one of the strangest years for the Hospice Society. Covid 19 has forced us to reassess how and why we do things the way we do them. We have had to change, bend, alter and pivot how we are able to continue in supporting individuals with a with life limiting-illness and also support those who are left to grieve.

While our own personal lives were turned upside down, it was necessary for us to remember that there were still people suffering with illness and grief - and each and every one of them needed our help and support. Like so many, it is an automatic reaction for me to reach out and hug anyone who is going through a difficult time. However, during Covid19 his was just not possible. Friends and families were unable to grieve together or hug and hold each other tightly. All our customary actions, reactions and rituals were no longer appropriate.

The Hospice Georgina office closed for a short time. The newness of the situation along with health guidelines that were created and established, mandated that we do so. I am pleased to say that we were one of the first to make the necessary adjustments to bring our programs back to “in person” to continue supporting our community. It’s has been so satisfying to have our volunteer times together and be able to see everyone at our Lunch N' Learns.

I would like to thank the current and past Board Members for their unwavering support. I want and need to thank all the Volunteers for their kind and giving hearts that make our work possible. I need to thank the Staff for facing all the challenges alongside me. We were truly in this together supporting each other like a family.

We optimistically believe that 2022-2023 will be an active year serving more clients. We are once again able to perform the ESSENTIAL work that has enhanced the reputation of Hospice Georgina.

caring@hospicegeorgina.com (905) 722-9333 x5503

PROGRAMS & WORKSHOPS

Coffee & Chats: Join us Monday mornings from 10:30am-12pm with your favourite morning beverage and socialization with our Program Coordinator and a member of Vaughan Community Health Centre. In this program we take a laidback approach of talking about life and wellbeing. (At Hospice Georgina & over Zoom)

Caregiver Support Group: Join us the first Monday of the month from 1:00-2:00pm. This program is done in partnership with CHATS. (At Hospice Georgina & over Zoom)

Creative Therapy: Join us every 2nd and 4th Tuesday of the month from 11:00am-12:00pm. The purpose of the Creative Therapy program is to provide clients with a creative outlet to express their feelings, thoughts, and emotions. (At Hospice Georgina & over Zoom)

Day Hospice: Offered weekly on Wednesdays from 10am-1pm. The purpose of the Hospice Day Program is to provide clients with recreational and therapeutic activities, while also providing support for palliative and grief related topics, and lunch! (At Hospice Georgina)

Fun & Games: Light hearted, friendly card and board games to play with friends and acquaintances. Beginners welcome. Thursdays from 10-11:30am.

Guest Speakers: Various important topics related to health and aging. (At Hospice Georgina & over Zoom)

Immersed in Nature: Get outside Thursdays at 1pm. Join us at various locations around Sutton for a light stroll, easy chats, and getting out in to nature.

Meditation: These mindfulness meditation sessions are fun reflective classes, promoting balance and calm, and managing loneliness and stress.

Reiki & Reflexology: Every 1st Tuesday of the month, by appointment only. (At Hospice Georgina)

Tablet Lending Program: Borrow a tablet to attend our programs on Zoom, play brain games, use wellness apps, and connect with loved ones.



June Callwood Award For Outstanding Volunteers

**Congratulations to our 2022
June Callwood Award Winner:**

Lynda Howe

Hospice Georgina would like to congratulate Lynda Howe on being awarded the 2022 June Callwood Award from Hospice Palliative Care Ontario (HPCO). Lynda has supported our Day Hospice program for many years, giving countless hours to our clients in Georgina, and beyond! Lynda has always demonstrated compassion and empathy, supporting individuals with all types of life limiting illnesses. She's proven to be a trusted person that clients feel comfortable confiding in and caregivers are comfortable leaving their loved ones with.

Pictured above is Lynda with a bouquet flowers celebrating her award.

Lynda goes above and beyond for Hospice Georgina and we are very proud to have her represent Hospice Georgina. Congratulations!



Celebrating our Wonderful Milestone Years of Service Recipients

5 YEARS

Erin Gallant-Tester

10 YEARS

Cavelle Hayes

15 YEARS

Gay Alexander

Iain Donnell

Sandy Watt

20 YEARS

Lynda Ritchie

*We ♥ our
Volunteers*



VOLUNTEER OF THE YEAR AWARD 2022

JUDI CARR-KARTASH

Please congratulate Judi on being our Volunteer of the Year. Judi is a program facilitator, plants and maintains our hospice garden, fundraiser volunteer member of the Event Committee, and most recently joined the Hospice Georgina board as secretary.

Judi was nominated based on her invaluable work on various projects in the office. She is a facilitator of the Creative Art Therapy program. Judi's knowledge and ability in art is truly a gift that she shares freely with our clients.

In addition, Judi "brought to life" our vision of creating a Memorial Tree and Donation Wall in the office of Hospice Georgina. She is often in the office helping wherever necessary and is so often spotted at numerous events offering help whenever it's needed.

Hospice Georgina certainly realizes the value and contributions of all our volunteers. On this occasion, we highlight the accomplishments of Judi. This award is truly deserved!

Volunteers like Judi embrace the very core values of Hospice Georgina — SHARING THE CARING. Our work would not be possible without the support of dedicated volunteers.

Thank you Judi!

OUR VALUES





PROGRAMS & COMMUNITY OUTREACH COORDINATOR

I began running programs at Hospice Georgina in December 2021, in the midst of our programs running virtually. I have had the opportunity to bring previous programs virtually to clients, and then switching to in-person groups, as well as start a few new programs this year. It has been rewarding to navigate the challenges that these uncertain times have brought, and seeing our clients, volunteers, and employees continue to show up, keep smiling, and be there for each other has been a heartwarming experience. We have all missed hugs, connection, and the community that being together in one space brings.



Coffee & Chats and the Caregiver Support Group continued throughout the year, running virtually. We now run both in person and virtually. The Creative Therapy program started up again in January over Zoom by bringing clients art kits that they could follow along with from home, and in the Spring, we began running the program both in the hospice and virtually, and have continued that since. This program is a favourite amongst our clients. Day Hospice began again in mid-February, allowing our clients to finally come in and see each other to catch up after a very long time apart. Throughout the year, we have had meditation sessions, fitness, dance, and yoga classes, run by our wonderful community supporters and volunteers.



I'd also like to introduce a few new exciting programs including Reiki & Reflexology, Fun & Games, paint classes, and Immersed in Nature. Thanks to our community supporters and volunteers for making a significant difference for our clients and members. These programs are healing, motivating, fun, and inspiring. Have a look at the programs and workshops page in this report for more information about our programs.

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Thank you to all the volunteers that help us run and support these programs. Your smiling faces, understanding and helpful nature, and supportive and positive attitudes are what keep hospice going. You take time from your busy lives to give back to your community and you make my job that much more enjoyable!



It is wonderful to see our clients making friends and catching up weekly. It makes my job incredibly rewarding and I am humbled and inspired often by the strength, courage, and resilience they show. Everyone that comes through our office, either to come say hello, buy Catch the Ace tickets, or to a program, puts a smile on my face. Thank you for making my job at Hospice Georgina great!

“Remember that the happiest people are not those getting more, but those giving more.”
— H. Jackson Brown Jr.

HERE'S WHAT YOU MADE POSSIBLE

Clients come to Hospice Georgina with a life-limiting illness, are a caregiver or need bereavement services. We supported individuals in Georgina for 2021/22.



15 hours

Children & Youth



1240 hours

Adults & Seniors



1322 hours

Caregivers & Bereavement



212 groups

Programs & Workshops

2021-2022 Events

We have had lots of exciting events and gatherings this year and it has been wonderful to be able to host them in-person. We had an outdoor shredding event fundraiser in May, with MPP Caroline Mulrone and Mayor Margaret Quirk congratulating our team on the work that's been done through the Resilient Communities Fund grant from the Ontario Trillium Foundation received in 2021. Also in May we held a volunteer movie night and opened it to community supporters to join us. In June, we hosted a Volunteer Appreciation BBQ with a big turnout including some new volunteers. We also brought back Lunch'N'Learns, where we had various guest speakers present about an important hospice or health related topic, while enjoying lunch. The food and refreshments were generously donated by Amica



Catch the Ace returned to in person sales this year. You can purchase tickets from our amazing volunteers at various locations around Georgina every week! Get your tickets and help us raise money for a much needed residential hospice in Georgina.



Every year, the Grossi family organizes and hosts the Pizza Night fundraiser event at the Sutton Fair. This year, they raised \$2152.50 each for Hospice Georgia and Community Living Georgina. Thank you Grossi family for your continued support!



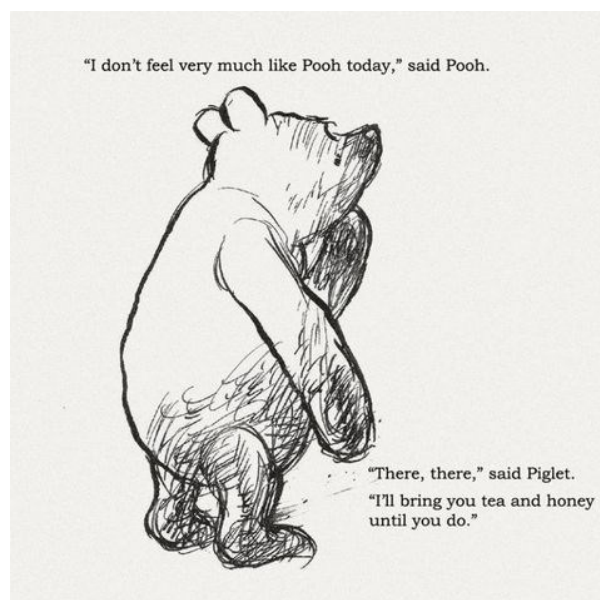
CLIENT CARE COORDINATOR SHANNON BERESFORD

Hello! My name is Shannon. I am the newest addition to the Hospice Georgina team. I started in April of this year, taking on the role of Client Care Coordinator. Since April, I have been pairing clients in the community with in-home visiting Hospice volunteers and providing grief support to our bereaved community members. This is the first summer in seemingly forever that we can spend time together, hug each other, and to be there for each other in-person. For our clients that are living with a life-limiting illness and for their caregivers, having the right support system in-place is critical to their care plan. Our volunteers have been AMAZING, supporting clients and their families and being a friendly face in difficult times. I am so proud to be working with such devoted individuals that continue to give back to their community and make a difference in people's lives. Living with or caring for those with a life-limiting diagnosis and navigating life after the loss of a loved one brings many difficulties. Our volunteers continue to go above and beyond to support our clients during the most demanding of times.

One thing that I have noticed in my few short months with Hospice, is that for many of our clients and their families, the pandemic has created even larger barriers to receiving care. For our caregivers, being unable to visit loved ones in hospital, or to be present to advocate for them has brought forth more questions than answers about what steps should be taken to receive care in the home, what services are available to help caregivers, and what to expect throughout their loved one's diagnosis. Speaking from first-hand experience, I completely understand the confusion and frustration that comes with trying to communicate with doctors and nurses from afar. I have been integrating patient advocacy into my approach with our clients, helping to answer any questions they may have and connecting them with other agencies for further support when needed.

We are still running our Drop-In Grief Group on the 1st and 3rd Tuesday of the month via Zoom, from 7pm-8pm. We welcome those that are experiencing any type of grief and welcome you to join whenever you feel ready. If you are interested in our in-home visiting services or grief support, please contact me ccc@hospicegeorgina.com or 905-722-9333 ext. 5504.

I'd like to leave you with a quote from two of my favourite childhood friends, Winnie, and Piglet.



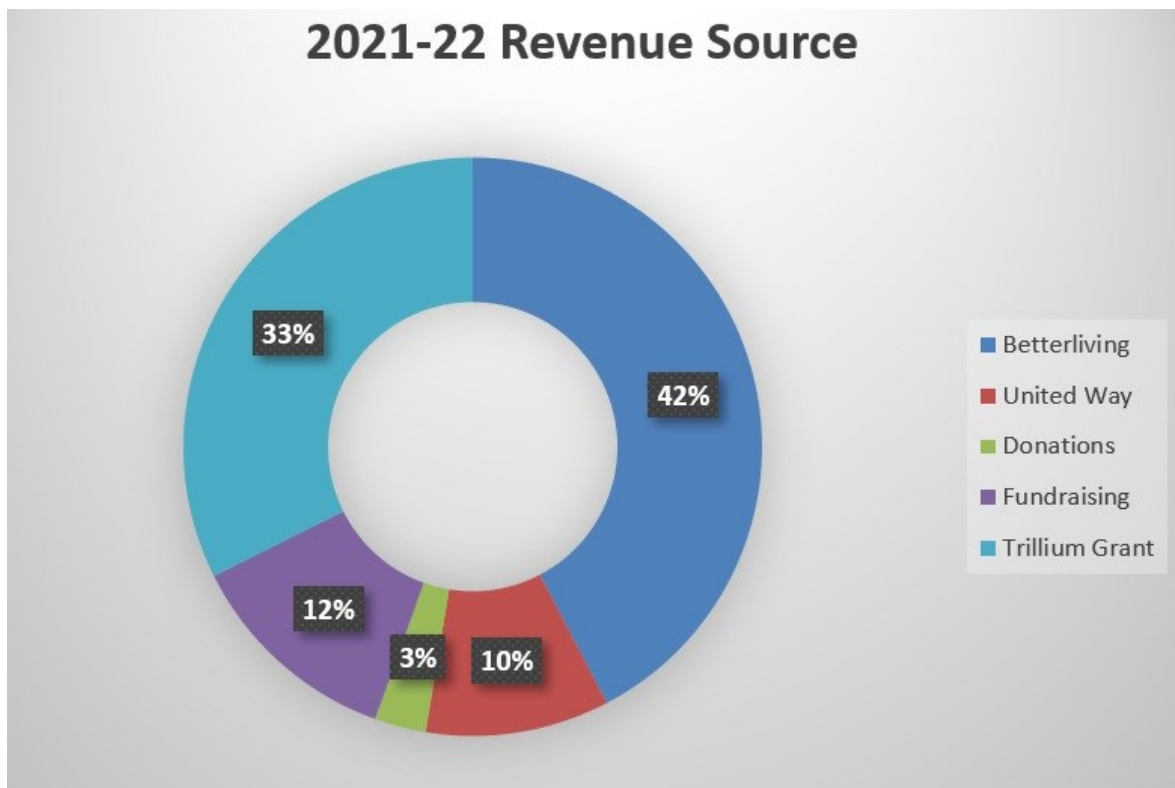
Fundraising 2021-22

Hospice Georgina, like all not-for-profit organizations, faced fundraising challenges due to Covid-19.

We wish to thank the many people who continue to support HG with their generous donations directly to Hospice as well as the hundreds that supported our various fundraising events with donations and volunteer hours.

Thank you to the following volunteers for their contributions to the Event Committee and fundraising.

Sandy Walter-Smith Christina Tinsdall Freda White Kristen Smith
Carrie Ann Smith Judi Carr-Kartash Katie Bryck
Mary Margaret Thorburn Brittany Elliot Lorraine Scarlett
Irv Erb Brenda Pembleton Lynda Ritchie



Sponsors and Donors



Thank you for making
a difference!

Building Our Community Connections

Organizations

Platinum Donors: \$1000 +

Home Hardware
Fahey Crate Professional
Walmart

Kinette Club of Sutton

Gold Donors - \$500 +

Jennifer Jones
Forrest & Taylor Funeral Home
Club 55 Pefferlaw
Sutton by the Lake Ladies Club

Legacy

Legacy Donors: \$5000 +

Anita Glivar

Platinum Donors: \$1000 +

The Grossi Family
Mary Margaret Thorburn

Silver Donors \$100+

Marilyn A Verdoold
Delaine Bond
Sandra Walters-Smith
Ruth Rae
Gay Alexander & Rick Winson
Lorna Ayres
Linda Hilpold
Ed Torres
Renate Freels
Keswick United Church
Ken Drope
Judi Carr-Kartash
Gayle Clarke
Angus & Sandra Watt
Karen Wigle
Maureen Wilcox
Linda Uhlman
Sandra Sullivan

Bronze Donors \$20 +

Marlene Goldschmidt
Kimberly MacGregor
Pat Kendle
Carrie Ann Smith
Gary & Dorothy Reeve
Mike Anderson
Bonnie Dineen
Katherine Smith
Karen Watson
Kathy Campbell
Sandy Lin
Annette Pivnick
Charlie Fletcher
Mal Rice
Cheryl-Marie Thornton
Robert & Jo-anne Thornton
John & Elizabeth Warman
Frances Daniels
Pam Russell
Matthew Andrunyk
Sheri & Wayne Andrunyk
Chris Clarke
Teri Clarke
Colby Clarke
Gayle Clarke
Nancy Patterson
Vivienne Samis
Divas Quilting Studio
Lori Burrows
Diane Sterritt
Herrietta Sterritt
Mike Smallwood
Mario Scheenwiese
Marion Calvert
Sheila Burgess
Maggie Patterson
Elva Noddle
Sandy Kupek
Deirdre Fitzpatrick
Dianne Potter
Rosa Gosselin
Laurie Colterman
Michelle Souliere
Erin Gallant

2022 Staff

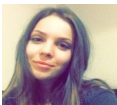
Staff



LAURIE KNAPP, EXECUTIVE DIRECTOR



ERIN VERHAFF, ADMINISTRATIVE ASSISTANT



VICTORIA VASS, PROGRAMS & COMMUNITY
OUTREACH COORDINATOR



SHANNON BERESFORD,
CLIENT CARE COORDINATOR

OUR VALUES



Compassion



Dignity



Respect



Inclusiveness



Integrity



Dedication



Teamwork

STRATEGIC PLANNING 2022-2023

Strategic Initiative #1

With the support and involvement of Volunteers and Staff, develop and deliver innovative programs, recognizing the changing hospice needs of our Community

Strategic Initiative #2

Manage finances to ensure long-term financial sustainability for the continued provision of services free of charge

Strategic Initiative #3

Strengthen and continue to build partnerships and enduring relationships

Hospice

Georgina

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