

HG VOLUNTEER UPDATE

January 9, 2012

TIME TOGETHER - Our next volunteer Time Together will be Thursday, January 12 at noon. Please join us for a light lunch and a discussion led by Nana on recent research on supporting leisure choices with palliative clients. **Also, remember to submit your volunteer hours for December by Tuesday January 10.**

HOSPICE DISPLAY - Thanks to a small York Region Community Funding grant, we have purchased a wonderful new display that can be set up unmanned or with volunteers. Please give us your ideas where you think we should request display space. We hope this will enhance our efforts to increase visibility across Georgina. We have also purchased a new printer that is more cost effective and gives professional results. (Thank goodness, as our old printer broke the next day!). Contact Laurie.



DISHWASHER DOLLARS - Remember to turn in any Canadian Tire dollars before the end of January so that we can purchase a new dishwasher for the office. Our dollar jar is filling quickly. Thanks everyone. Contact Laurie.



SOCIAL MEDIA LINKS -For those of you who find networking helpful through Facebook and Twitter, we now have links through our website. Please follow us as "friends" of HG if you are interested in connecting with us to get the latest news and information. We will continue to email and mail this newsletter. Contact Laurie.

HAIRCUTS FOR HOSPICE - Please let your friends know about this 3rd annual event being held Feb 5, Superbowl Sunday at Allure Hair Creations on the Queensway in Keswick.



Again their staff is offering haircuts for \$20 with all proceeds to Hospice Georgina. More details coming soon. Thanks to June Scandiffio and Marilyn Verdoold for coordinating this event. Contact Nana.

VOLUNTEER POLICE CHECKS-Most of us are due to update our volunteer police checks this year (needed every 2 years at Hospice). We were disappointed to learn that the York Regional police have moved their location for volunteer screening from Newmarket to Aurora, a longer trip from Georgina. Thanks to the advocacy of Board member Margaret Burrows and Regional Councilor Danny Wheeler, the police have agreed to hold a special one day session at the police station on Baseline Road in January for all volunteers in Georgina. This will be a great opportunity for any volunteer or student to easily submit your paperwork within Georgina. The discounted rate for processing police checks for each volunteer is \$20. Let us know if you need assistance with this fee. We will let you know the Georgina date as soon as it is announced. We encourage a large turnout for this special opportunity and maybe we can make it an annual event. Thanks Margaret and the Board for their hard work on this issue. Contact Laurie.



2012 VOLUNTEERS - We hope that one of your resolutions for 2012 will be an invitation to one of your friends or neighbours to become a Hospice volunteer. We are very pleased to announce that we have three new volunteers at Hospice:

Michelle Zurek, Registered Massage Therapist. Came to the Wednesday drop-in group and gave mini massages to our clients and taught us small exercises for stress relief.

Yvonne Ochocinski comes to us with a background in corporate marketing. She is looking forward to taking the PalCare program in February and volunteering with our Palliative Clients.

Wendy Snow is our newest Grief and Bereavement volunteer. Wendy completed her facilitator training in November and will be assisting with the next Bridges adult grief group.



VOLUNTEER FEEDBACK Later in January we will be asking you to complete our annual Volunteer Feedback Survey which really helps us make improvements.

We will again be doing the survey online through Survey Monkey and also will have paper copies for those without internet. More details soon.

[A Note from your Palliative/Volunteer Coordinator](#), Happy New Year Everyone. The past six months have been a really exciting learning curve for me and no doubt it will continue for some time. Hospice Georgina has welcomed me with open arms and has given me the opportunity to meet many new people and to connect more closely with our community. I have found that change is exciting. It's a new and wonderful area to explore. With that being said, we are going to start fresh this month with some new programming—and I'm starting the year with a new puppy called **Dexter**.



On February 7th at 6pm I will be re-starting a Palliative Volunteer Debriefing and support Session with a friendly and safe place to come and talk about a recent loss or a difficulty that you may be having with a client match. I would like to know from you if there are any educational topics that you think would be helpful to enhance your volunteer skills. I continue to be encouraged by the direction that Hospice Georgina is proceeding in and I hope that you will have faith that I will support your efforts in any way possible and that my door is always open to new suggestions or just to talk. I wish you all the best for a healthy, prosperous year full of joy and plenty of laughter. Allison

[DROP IN PROGRAM](#) - The drop-in program will become slightly more structured with every 2nd Wednesday dedicated to a short educational talk about a topic that is important to our clients. The 4th Wednesday of each month will be a theme day, e.g. Big Bonnet Easter Parade, Tea for Queen Victoria's Birthday, or a Strawberry Social in June. I would like to get some solid volunteer help for those days, so if you are interested, let me know. On January 11 we will be having a short 15 min presentation on "Flu Prevention" and a review of hand washing. On January 25, we will be enjoying a "Deep Freeze Ice Cream Brunch". Volunteers are needed to help scoop ice cream, YUM. Contact Allison.



[Volunteer Birthdays for January](#) include: Anne W. - Jan 1; Thelma S.- Jan 2; Margaret F. - Jan 13; Helga B. - Jan 16; Carrie Ann S. - Jan 19; Lena L. - January 20. We hope each of you enjoys your special day.

DATES TO REMEMBER

Jan. 10- Volunteer hours are due for Dec.

Jan 12 - Time Together volunteer meeting

Jan 19 - Willow women's cancer support group restarts- Mary L.

Feb. 5 - 3rd Annual Haircuts for Hospice

Week of Feb 12 - Bridges adult grief group starts- Frances & Wendy

Feb 21 - Widow's Walk is replaced by "A New Journey-for widows" with Sue W.

April 21 - The 15th Annual Pansy Sale

April 29-May 1 - Annual HPCO Conference

May 6-12 National Hospice & Palliative Care Week



MEMORY HOLIDAY TREE - Thanks to Gay A. and Laurie for the wonderful job creating beautiful white doves for our annual memory tree placed in our building lobby during the holidays. Many people added names of their loved ones to the tree this year and picked up tips on coping with loss during the holidays.

Hospice Georgina was incorporated in September 1997. We are 15 years old this year. We want your ideas on how we can celebrate.

We extend our best wishes to you for a healthy and joyful 2012.